

聖羅撒學校校訊

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校慶感恩祭

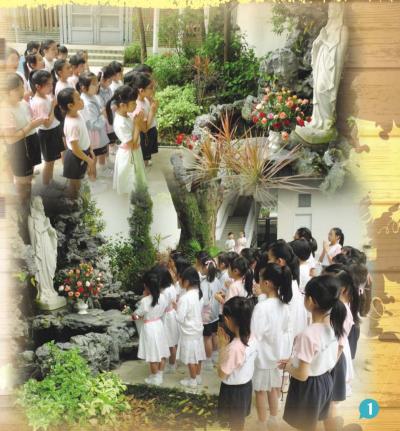
本校於二月二十三日在聖德肋撒堂舉行了六十九周年校慶感恩祭,主題為「我是和平的工具」;主禮是梁達材神父。在感恩祭中奉獻了全校同學所製作的玫瑰花及和平鴿,代表她們對學校的愛及願意在生活中成為和平的工具;願她們的生活能發出聖善的芬芳。



聖母目活動

五月為聖母月,本年教會隆重慶祝聖母在 萄葡牙花地瑪顯現100周年紀念。本校除公 教家長組製作了精美的壁報介紹上述事蹟 外,還舉行多項活動;好讓同學們一同參 與敬禮聖母。其中包括奉獻鮮花及祈禱神 花、恭唸玫瑰經及聖母月禮儀等。





四旬期活動

本年三月一日至四月七日校 舉行了多項四旬期活動,幫助同學多作克己善工及祈禱;以迎接復活節的來臨。其中包括拜苦路、捐款、饑饉午餐及尋找復活耶穌的遊戲等。



拜苦路



基督小先鋒拜苦路



行善的喜樂



飢饉午餐籌款



尋找復活的耶穌



基督小先鋒

★小六教育營★

三月十五日至十七日,六年級同學參加了學校舉辦的教育營,地點是長洲明愛賽馬會明暉營,大家在歡笑聲中渡過了愉快的三天。看看我們的照片吧!









常識科課程重整

今年小三常識科進行課程重整,內容圍繞我們的生活,除了探討衣、 食、住、行四方面,還認識了香港的好去處、 天氣狀況及香港的人口等。現在讓我們回顧各單元中同學們所經歷的活動片段吧!

在單元一「我們的衣服」中,老師讓我們認識衣服的功用,幫助情境中的主角整理及收納衣服。之後,我們透過實驗認識衣料的特性,為「超人」設計戰衣。我們閱讀新聞,了解香港人丟棄衣服的情況,知道要愛惜衣物,減少購買,於是我們寫信給爸媽,希望他們支持學校舉行的回收活動。





在單元二「我們的食物」中,老師帶我們到超級市場認識食物的來源地及了解香港食物供應的情況,並利用超級市場購買的食物,學習閱讀食物標簽。另外,我們認識科技怎樣幫助我們生產、儲存及加工食物。之後,我們透過觀察及實驗,學習不同保存食物的方法。

在單元三「我們的房屋」中,老師讓我們知道房屋的重要、認識不同類型的房屋和了解香港公屋的發展及特色。老師帶我們到美荷樓考察,認識徙置大廈的特色,還聆聽昔日住在美荷樓街坊的分享。此外,我們進行搜集資料,學習設計問題、訪問及分析資料,更每人製作了一本有關香港公屋發展史的小書呢!









校本課程發展

為了幫助小朋友成長,打好基礎,面對充滿挑戰的 世界,過幸福的生活,近年來老師都積極建立我們的校 本課程,希望能培養聖羅撒學生擁有以下的素質:

有豐富知識

有信心地用不同語言表達意見與想法

處事正直、誠實,有正義感

對人關懷、包容

懂得思考、反思去處理問題

不怕困難,勇於嘗試與探索

學校的課程帶領學生 積極關懷計會

今日,我們已擁有自己的英文科、德育及公民教育科課程。不久將來,中文科、常識科及視藝科校本課程亦會逐步誕生,並會引入更多科學與資訊科技元素。新校本課程著重閱讀、探究、體驗;鼓勵思考、表達與交流,教學亦由過往教師主導變得更以學生為本,老師們會繼續努力與各位家長攜手合作,共創美好未來。



透過實驗、觀察來學習



走進社區,與人交流







與人合作構想計劃

學校回收活動

請支持

掌握不同語言

READERS' CIRCLE

Readers' Circle is a one-hour weekly session of reading offered to 16 P3 students. It is mainly an interactive read-aloud and literature discussion on selected books. The main goals are to teach students to think 'about' the text, 'within' the text and then go 'beyond' the text. Two teach students to think 'about' the text, 'within' the text and then go 'beyond' the text.

In semester one, the students explored a number of **non-fiction** texts types such as information reports, procedure, explanation and persuasive texts. This also included short videos, newspaper articles and demonstrations to support the main text. Students specifically explored the textual features of a non-fiction text and how to use these features effectively when searching the textual features of a non-fiction text and how to derive meaning of new words from the context of information. They were also taught how to derive meaning of new words from the context of what they were reading and also provide specific examples and evidence. Students what they were reading and also provide specific examples and evidence in the connections between the state of the predictions, share their background knowledge, make connections between the encouraged to make predictions, share their background knowledge, make connections texts and relate it to their own life experiences. Class engagement was carried out by answering texts and relate it to their own life experiences. Class engagement and evidence to support texts and relate it to their own life experiences using their opinions and evidence to support high order questions and having debates about topics using their opinions and evidence to support

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through traditional myths and legends from Ancient Greece and China. We looked at classic

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and analysis of the text. Students were also encouraged to express their own opinions if they

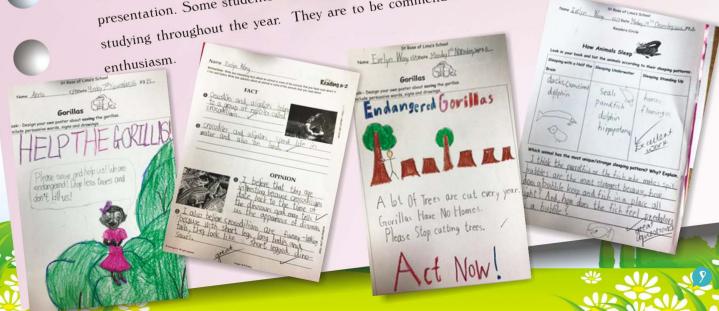
and analysis of the text. Students were also encouraged to express why they would make certain

were in the situation of the main character/s and give reasons why they would make certain

choices or decisions.

choices or decisions.

All students were highly motivated and participated in most group and class discussions. In oral last sessions they had an opportunity to share their favourite literature in an oral our last sessions they had an opportunity shared their own personal books on topics that we were presentation. Some students voluntarily shared their own personal books on topics that we were studying throughout the year. They are to be commended for their great effort, motivation and





The focus in English learning this year has been on further developing speaking skills. The English Lunch Time Talent Shows allow our students to have more chances to use English outside their classrooms. Students in P. 1-3 had an opportunity to perform in the hall during the lunch break. There was a great variety of performances, such as singing, readers' theatre and poem recitation. Students were very enthusiastic about their performances and put great effort in the shows. The audience, which includes teachers and students from different levels, found the shows very enjoyable too.



P.1 English good work Write a reply lefter to Sharon and Simon 0000000

Abby Chan (1A)

Dear Sharon and Simon,

I am happy to get your letter. I like to put eggs, ham, strawberries, pears, lettuce, tomatoes and salad dressing in my salad because they are healthy and delicious. I like to share the salad with my family.

On hot days, I like to wear sunglasses because they protect my eyes from the sun. I also like to wear vests and shorts because they are casual and comfortable. On cold days, I like to wear cardigans because they help me to keep warm.

What colour do you like best? What animals do you like best? Let us know.

Love.

Abby Chan

Karissa Wong (1C)

Dear Sharon and Simon,

Hello! My name is Karissa. I am seven years old. I study in St. Rose of Lima's School. I am in Class 1C. I feel excited when I get your letter. Let me tell you about the fruit salad and the clothes I like

I like to put all the fruits such as apples, lemons, grapes, blueberries and cherries in my salad because they are delicious and juicy.

On cold days, I like to wear fluffy slippers because they can keep me warm. On hot days, I like to wear skirts because they are pretty.

How about you? What do you like to put in your fruit salad now? What clothes do you like to wear on cold and hot days now? What colour do you like? Write soon.

Love

Karissa

The P.1 girls wrote reply letters to Simon and Sharon to tell them what they like to put in a fruit salad and the clothes that they like to wear. Do you want to know what they wrote? Let's read and find out.

Annette Wong (1B)

Dear Sharon and Simon, Hello! How are you? Thank you for your note. I am happy because you like the salad and the clothes.

I enjoy making salads. I like to put bananas, grapes, mangoes and strawberries in my salad.

I like to wear casual clothes. On cold days, I like to wear scarves and thick jackets because they can keep me warm. On hot days, I like to wear skirts, T-shirts and sunglasses because they are casual.

Do you like sports? What games do you like to play? Let me know.

Love.

Annette

Hera Choi (1D)

Dear Sharon and Simon,

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I am happy because you like the salad and the clothes.

I like to put some strawberries, apples, peaches and oranges in the salad because they are healthy, juicy, fresh, delicious and colourful. On cold days, I like to wear down jackets, boots and jeans because they can keep me warm. On hot days, I like to wear dresses, skirts and vests because they are beautiful, soft, casual, comfortable and cool.

Who is your class teacher? What films do you like? What animals do you like? Please let me know.

Love,

Hera

A fluffy fuzzy furry guest came to our school and paid the P2 girls a surprise visit! Who would that be? Read what the girls wrote about the special guest to find out more about it!

English good work

escription of Lily

Samantha Chu (2A)

This is Lily. She is Miss Yu's cat. She is a girl. She is eight years old. She is older than me. Her eyes are yellow and her ears are pink. She has long and white whiskers. Her fur is brown and grey. She likes sleeping. She sleeps for twelve to eighteen hours a day. She likes eating tuna fish and chicken. I like eating chicken too! We both like the same thing. She likes to sleep with Miss Yu! She can jump high but she can't catch mice.

I think she is shy, lovely and fluffy. I want to keep a tame cat at home too but my dad is afraid of cats so I can't keep a cat at home.

Ariel Siu (2B)

This is Miss Yu's cat. Her name is Lily. She is eight years old. She has big green eyes. She has a small nose and a small mouth. Her ears are big. She has long whiskers and a long tail. She is fat and furry. She has light brown, grey and white fur.

Lily can jump and run. She sleeps for 16 to 18 hours a day. She sits very quietly. She can follow Miss Yu's instructions.

Lily likes eating chicken and tuna fish. She likes to drink water but she doesn't like to drink milk.

I think Lily is friendly, cute and tame but she is very shy. I like her very much. I hope Miss Yu can bring it to school again.

Mavis Ng (2C)

She is a British Shorthair. She has big eyes and a long tail. She has a This is Lily, Miss Yu's cat. small nose, long whiskers and small paws. She has long legs and big ears too. She is fluffy.

Lily can do a lot of things. She can climb and run fast. She can also jump high and stand on her back legs. But she can't sing, play tricks or swim. She can't

Lily likes eating chicken, tuna fish and dried cat dance either. food. She likes sleeping all day. She likes to play ball games. She likes running around. However, she doesn't like milk or going out. She doesn't like dirty mice. She doesn't like having a bath either.

I think Lily is shy because she wants to go back to the cage all the time. She is lazy too because she sleeps all day. She is playful and tame. She is furry and beautiful so I want to pat her. I like her very much.

Naomi Suen (2D)

This is Lily. It is Miss Yu's cat. It is a girl. She is a British Shorthair. She is eight years old. Lily has a tiny pink nose, a long tail and brown and white fur. She is adorable, gentle and tame.

Lily can do many things! She can sleep for sixteen to eighteen hours a day. She is lazy. She can jump, climb, play ball games, run around and sit quietly. She likes to eat fish and chicken. She also likes to sleep, eat and play. She is such a cute cat!

I think Lily is very friendly. She enjoys people petting her. I hope she will come visit us again!

P.3 English good work avourite Festival

Who doesn't love festivals? Our students learn about different festivals we celebrate in Hong Kong, both the western ones and Chinese ones. What are their favourite festivals? What are their reasons for loving them?

Alexis Wu (3B)

Evelyn Wong (3A)

My favourite festival is Christmas because I like getting presents and I like watching Christmas lights in Tsim Sha Tsui.

Christmas falls on 25th of December. Jesus was born at that time, so people go to church, in remembrance of Jesus. But since my family does not go to church regularly, instead we go to look at the Christmas lights. I have a Christmas holiday, so I have a gathering with my relatives too. We eat turkeys, salads, cheese and lots of other kinds of food. After that, we sometimes sing Christmas carols to brighten up our mood for Christmas. I feel joyful every time because I love the Christmas

On Christmas eve, I decorate the Christmas tree in the middle of the living room. I decorate my room with Christmas decorations too. We hang Christmas lights everywhere and we put a golden star on the top of the tree.

Last year, I had a great party with my family. We also sang carols and went to church. We stayed there till midnight on the dot. I felt overjoyed!

After every Christmas, I have great fun unwrapping lots of presents under the Christmas tree. There are always things I love, or things I wish I have. The presents are wrapped in beautiful wrapping paper, so sometimes, I even keep the paper, to remember it. I think most people are fond of Christmas, because it's fantastic. I hope the next Christmas will come soon.

My favourite festival is Christmas. It's on 25th December each year. It's the time for sharing with our families and friends and gather together. We celebrate Christmas because we want to remember Jesus Christ's birth in Israel. Christmas is a very well-known festival so everyone around the world celebrates this festival with joy and happiness.

At Christmas, we decorate the Christmas tree with many different decorations like ornaments or small fake angels. We usually put a bright star on top of the Christmas tree. We sing carols like 'Joy to the World', 'The First Noel "and" Hark! The Herald Angels Sing'. The carols are so wonderful but my cousin can't carry even a tune! We go to the church to pray and sing carols together.

I exchange presents with my friends. Last Christmas, I got a pair of pretty green and polka-dotted hair clips and I gave a pair of green and red striped trousers to my best friend, Kitty. We usually send Christmas cards to each other. Last Christmas I gave my friend, Lily, a beautiful Christmas card. She liked it very much but her elder brother was jealous because he didn't have any Christmas cards. So he ripped Lily's card angrily into pieces. Poor Lily was so sad. She cried for weeks.

At Christmas, we usually have a tasty Christmas feast. We eat turkey, Christmas cake, Christmas puddings and gingerbread men. Last Christmas, my family and I went to have a big Christmas feast at a hotel in Tsim Sha Tsui. We ate delicious food like yummy turkey and seafood. Roast turkey is the most popular food at Christmas. This traditional dish is delicious.

I like Christmas because it is a festival that brings joy and happiness to everyone. My friends and relatives can gather together and have fun. I love Christmas so much. I can't wait for the next Christmas to come!

Victoria Chan (3C)

My favourite festival is Cheung Chau Bun Festival. It starts on the fifth day of the fourth lunar month, and lasts for seven days.

Long ago, Cheung Chau was hit by a tragedy in the Qing Dynasty. The islanders traveled a long way to Huiyang to borrow a statue of the God "Pak Tai". They worshipped the God because they believed that only he could stop the "Pandemic Plague" that had been spreading in Cheung Chau for years. After people prayed to him, people felt better and better each day until they were fully recovered. People were grateful so they started a festival which is still important today.

The festival's activities include a bun-scrambling competition and stunning colourful floats on a parade. The parade goes along the main streets. Children who sit on foot stools dress up as Hong Kong Chief Executive and Guanyin. For the competition, contestants climb to the top of a bun tower and get points.

In the island's bakeries, bakers stamp "peace" on the buns filled with sweet fillings. They are delicious and delicate.

Visitors come to Cheung Chau, take photos, buy buns and join the festivities.

I feel very excited about this festival because I look forward to eating buns!

Esther Wong (3D)

My favourite festival is Chinese New Year. It is on the first day of the first moon of the lunar month. We celebrate this festival because we want to remember Xi who made Nian go away and

Nowadays, adults always give red packets to their kids. Ladies buy fresh ingredients to make reunion dinner. Families make dumplings together. Some families will put a fortune coin into one of the dumplings. They will also decorate their house with red paper, cutouts of the door gods and

Last Chinese New Year, I went to the flower market with my mum and dad. We bought lucky bamboo, narcissus and kumquat trees. We thought they can bring good luck. We also went to watch the fireworks. After that, we went back home and ate reunion dinner. The next morning, we went to watch the lion dance. We went to visit our relatives afterwards. My grandmother gave me a red packet. I was happy. Visiting my relatives is my favourite activity because I can get a lot of red

I love this festival because I can have a sharing time with my family and have good luck.

English good work liserable Experience Bullying is hurtful, especially when you are the one being bullied! Read the work of these amazing

girls to find out how they put themselves in the shoes of Billy, a blind boy who experienced bullying from his classmates and how he found the confidence to confront the bullies.

Doris Yung (4A)

When I was in Primary four, I met my classmate, Eddie, on the street one day. I asked him if he could show me the way to the new public library. He promised me he could so we went to the library together.

On our way to the library, Eddie and I met the bullies of our class Tom and Judy. They are really nasty and mean because they always say bad things about me. That day, Tom shouted at me, "Look at him! It's Silly Blind Billy!" Judy also teased Eddie, saying that he was a guide dog because he always takes me to different places. Eddie and I were extremely embarrassed because all the people passing by were laughing at us. We were so helpless. Even though there were many people around us, no one offered help. Although we tried to ignore the bullies, they did not stop and just kept calling us names. So Eddie decided to bring me home.

When Eddie took me back home, Mum noticed that we looked quite upset. So Eddie and I explained to Mum what had happened. When she heard about it, she seemed a bit sad and angry. She thought for a while, then she advised us, "Billy, don't be sad. Being blind is not your fault. I think you should tell them how you feel politely. Let them know your true feelings. I think they would stop saying bad things about you if you do it." After listening to Mum, I felt better and I decided to follow Mum's advice.

Two days later, I did what Mum told me to do. With Eddie's company, I had the courage to talk to Tom and Judy at recess. I told them how I felt about the things they said about Eddie and me. They seemed shocked at the beginning. In the end, they understood our feelings and they apologized to Eddie and me. They promised not to bully Eddie and me again.

From this incident, I learnt that telling someone is very important if bullying happens. We need to let the bullies know how we feel so they can understand why bullying is hurtful. I hope Tom and Judy would keep their promise and be nice to others.

Abby Kwok (4B)

When I was in Primary four, I met my classmate, Eddie on the street one day. "I heard that there was a new library near our school. I want to go to this new library. Can you take me to the library, please?" I asked. "Sure. I want to go there to borrow some books, too!" Eddie replied.

Eddie and I were in a happy mood when we were on our way to the library, until I heard a familiar voice. "Oh no! It's Tom and Judy again. How annoying they are!" I said to Eddie angrily. Tom and Judy had been bullying Eddie and me for a while. They said Eddie was a guide dog for a silly and blind boy. I knew they were talking about me. I felt like there was a fire burning in my head. Although I felt angry, a part of me felt ashamed of myself being blind. My face turned red. Eddie and I decided to ignore them. We continued going to the library.

After we left the library, Eddie went to my home. We asked my mum for help and advice. We talked to Mum in details about the bullying. Mum was shocked about the bullying but she said she was impressed to see that Eddie and I had the courage to tell her about the bullying. Mum suggested us to tell the teacher. She also gave us some other helpful advice.

Two days later, we told our teacher about the bullying. The teacher praised us and gave punishments to Tom and Judy. At last, Tom and Judy apologized. After this incident, Tom, Judy, Eddie and I became friends. Tom and Judy promised us that they would not bully anyone anymore.

Although I am blind and sometimes I got bullied by others, I am lucky to have my friend, Eddie, my mum and teachers to protect and support me all the time. I hope if anyone got bullied by some naughty children, they would know how to tell. In most cases, telling is the best way to protect yourself. I hope that one day all bullies will stop bullying others.

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Michelle Lau (4C)

When I was in Primary four, I met my classmate, Eddie on the street one day. So, I asked him if he could show me the way to the new public library because I wanted to go there. Eddie agreed to help me and I held his arm tightly. He led me the way and we walked down the street together.

On the way to the public library, we saw our classmates, Tom and Judy. They were very naughty and mean because they laughed at us. Tom teased me that I was blind and silly. Judy mocked Eddie that he always walked with me and he was like my guide dog. Then, she made some barking noise. I was very annoyed, embarrassed and upset. Eddie was extremely angry. We tried to ignore them and walk away, but

After going to the public library, Eddies took me home. When I saw my mother, I told her about the unluckily we could still hear them laughing at us. bullying immediately. I told her that my classmates teased us. Although Eddie and I tried our best to ignore them, they still did not stop. Then, I asked for my mum's advice to stop the bullying. Mum said that I should tell my school headmistress about this incident. So, I decided to report this case two days later

Two days later, I went to find the headmistress and told her about the bullying. The headmistress because it was Friday that day. praised me because of my courage to report this incident. She asked me to meet her in the office after school. When I arrived at the schhol office, I saw Eddie, Tom and Judy sitting next to the headmistress. The headmistress told Tom and Judy that they should not tease others again. They should be more considerate and friendly. She asked them to apologize to us and they said sorry to us at once. Finally, Eddie and I forgave them. We hope that they will not do it again. I was so relieved because I was able to sort out the problem by myself. Florence Ng (4D)

When I was in Primary four, I met my classmate, Eddie on the street one day. I decided to go to the new public library in Shatin, but I didn't know which way I should go. I felt very confused. Luckily, Eddie was a kind and helpful boy. Then I asked him, "Eddie, can you show me the way to the library?"

On the way to the library, we met two naughty and inconsiderate bullies. They teased us. They called my nicknames like Blind Billy or Silly Billy. I felt very embarrassed and furious. After that, they also laughed at Eddie. They called him a guide dog because he always walked with me. He felt very cross He said pleasantly, "Sure!" and hurt. We tried to ignore them, but they didn't stop teasing us. So I asked Eddie to take me home and I wanted to tell my mum about the naughty children instead of going to the library.

When we got home, I told Mum about the bullying case and asked her for some advice to deal with the bullying. She said gently, "Billy, maybe you can try to tell the class teacher about the bullying because the bunying. One same general, Dany, maybe you can my to ten me chast toucher about me bunying because the teacher can give them a lesson about not to bully others." I thought it was a good idea so I followed her advice. The next day, I went to school to tell the teacher about the bullying case. Unfortunately, my class teacher didn't believe me. So I told the headmistress about the bullying. The headmistress gave Tom and Judy some punishments. She told them to write a sorry letter and say sorry to me.

Two days later, when I went to school, I felt surprised because Tom and Judy said sorry to me in the playground and they gave me a letter. I thought they had been punished by the headmistress, so I forgave them. I learnt how to solve the bullying case from this experience. I hope Tom and Judy won't tease me again.

5 English good work 300k Review or Give Me a Hug

Our P.s students have read a book called "Give Me a Hug" which is about a person who was born without limbs. Do you know who he is and what the book is Let's read the book about? reviews from our P.s students and you'll know more about the book.

Ella Chan (5A)

Have you ever heard of Nick Vuijic? He is a limbless renowned motivational speaker and writer. There is a biography about him which is called "Give Me a Hug". The editor of the book is Ding and the illustrator is Dreamergo. The publishing unit is PMA Music Foundation. I would like to recommend this book to my family and friends because we can learn eight life lessons from Nick and the pictures are beautiful and attractive.

This book is mainly about Nick's childhood, his difficulties, his little chicken drumstick and what we can learn from Nick. My favourite chapter is Chapter 3 "Never Give Up". I like it because I can learn to be tough and strong by listening to Nick's childhood stories. I also learn that I shouldn't give up easily. If I fail, I will use a different method and try again, until I succeed. This chapter also makes me think of a saying,

"Failure is the mother of success". Our failures are like our teachers, they teach us what we did wrong and how we can improve. I really want to read more Nick's childhood stories.

I have learnt a lot of lessons after reading this book, but the most memorable one is that we should learn to encourage people. We shouldn't laugh at other people or treat other people unfairly. Nick said, "Bullies can kill people", so he always teaches us to be an angel and keep encouraging others instead of bullying others. I also learn to be optimistic and stay positive. We should choose to have a happy life. Parents love their children and we should show our love to them. Everything is possible if we keep on trying.

This is a very meaningful book, so I highly recommend little children to read it. You can buy this book in bookshops or from online shops. You can borrow it from the library too.

Have you heard of a book called 'Give Me a Hug'? If not, let me tell you more about it. The editor of this book is Ding. He has used simple words to write this story. Therefore, every kid can read it by themselves easily. The book is illustrated by Dreamergo. He has drawn beautiful pictures to help us understand the story. This book has eight chapters which are talking about Nick Vujicic. Oh, I haven't told you who Nick is. Nick is a motivational speaker. He is an optimistic man. He was born without limbs but he can still be happy. How about you? Are you always happy like him?

This book is a biography of Nick. Although Nick doesn't have a normal life, he chooses to be happy all the time. We can all choose to have a

Felicia Wong (5B)

meaningful life too. My favourite chapter is Chapter 1 "Give Nick a Hug!" This chapter talked about a little girl and Nick hugged together like two giraffes. You may say that 'Oh! Nick doesn't have limbs. How can they hug together? Are you kidding me?' No, I am not kidding. From this chapter, I realize that we are all different from one another. We should respect everyone like the little considerate girl did.

I strongly recommend this book to everyone especially those P.4-P.6 schoolmates. You can find it in the library or a book shop. You will be touched after reading this book. This book inspires many people. I hope it can inspire you too. Don't miss it!



Kylie Lam (5C)

Do you like books with love and warmth? If you do, this book is great for you. I'm going to introduce a book, "Give Me a Hug". The story is edited by Ding and illustrated by Dreamergo. It is about the life of a disabled person called Nick.

You can find lots of special events that have happened to Nick. Nick was born different and there was no way he could hide it. So, he was bullied by others when he was a child. However, with his unbeatable strength, he overcame his difficulties. In my opinion, it's a meaningful book. It teaches you eight important life lessons from Nick. The most amazing part in the book is the story about Nick smashing his 'chicken drumstick'.

Although Nick was sad after he smashed his 'chicken drumstick', he did not give up in life, he waited to recover and continue his wonderful life. You will learn to be invincible after you read this book. Not only is this book easy to read and colourful, it is especially suitable for children. It's an amazing book which you should read. I strongly recommend you to read it.

After reading this book, I knew that there is love and warmth in life. I also learnt that we should keep on trying even if we fail. People who are always sad should read this book. Maybe it will change their thoughts. I hope you would like this book.

Imelda Ng (5D)

Do you know who Nick Vujicic is? I want to recommend a book to you about this special person. "Give Me a Hug" is about a man who was born without limbs. It is his life stories. It talks about how Nick's parents felt when they knew he was born without limbs; Nick's childhood; what he can do...

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I learnt a lot of important life lessons from this book. I learnt that everyone is different from one another, so we should care about others' feelings. I also learnt that we should not focus on others' appearances but we should focus on others' inner beauty. I even learnt that we can choose our life to be happy or not. We can focus on the happy things, what we are good at and what we have so that we can have a meaningful life.

I am most interested in Chapter four-"What Would You Rather Be, A Bully or An Angel?" Nick was bullied by twelve different classmates on one day in his first grade. He thought that if there was one more person to mock at him, he would end his life. At that moment, a girl (Nick's schoolmate) came towards him. She didn't mock at Nick. Instead, she encouraged him. I was inspired by what she did-our encouragement can give others support or even change their life. This chapter is really meaningful.

I think Nick is optimistic because although people discriminate against him because of his physical disability, he still lives happily and doesn't give up his life. I have my own weaknesses to overcome too. They may not be the physical ones, but I wish I can be a better person, so I will try my best to overcome them.

I recommend this book to you because this book is superb and well-written. I learnt a lot from this book. I hope you enjoy reading it and you will learn to live a happy life.

P.6 English good work Dream John

What would you like to be when you grow up so that you can help others and make the world a better place to live in? Our P.6 girls are sharing their dream jobs with you.

Isabelle Choi (6A)

There are different jobs in the world, for example, doctors, animal trainers, lawyers and reporters. Some jobs are interesting, some are boring and some are dangerous. The job that attracts me most is a fashion designer. I want to design clothes for others when I grow up.

If I become a fashion designer, I would like to design clothes for women for different seasons and occasions. In summer, I will design shorts, shirts and hats for them to keep cool. In autumn, I will design thin coats and long trousers and in spring, I will design dresses. In winter, I will design clothes that help them keep warm. I can use my talents and creativity to design clothes for women for different occasions. For example, I can design gorgeous dresses for balls, witch costumes for Halloween parties, some causal wear for daily activities and some comfortable sportswear for doing sport. I can get satisfaction by designing clothes. I think I will be very proud of my design.

If I become a designer, I will use eco-friendly materials to make clothes. I will not use the fur of the animals because I think animals should not be killed for

their fur or skin for making clothes. If I use some ecofriendly materials to make clothes, I can help to protect the environment. Then I can help to make the world a better place to live.

I think I am suitable to be a designer because I am creative and I enjoy designing clothes. I think I am an imaginative person. I have a lot of ideas for designing and I am good at drawing and using different kinds of cloth to make clothes. If I become a designer, I may need to work alone for long hours. Maybe my salary will be unstable. Although it is not easy to endure these difficulties, I will try my best to overcome them.

To become a designer, I need to study programmes relevant to designing. I may also need to learn from experienced designers and colleagues. I need to be sensitive to current fashion trends. Also, I need to read more books about fashion and design.

I think it is meaningful to become a fashion designer. Designers can help to protect the environment by using eco-friendly materials to make clothes which helps to make the world a better place to live. Therefore I will try my best to pursue my dream. I hope my dream will come true one day.

What do you want to be when you grow up? I want to be an actress when I grow up. One day, my brother was very upset because my mum didn't let him eat some sweets. Then, he watched a TV programme and he felt happy again. Since then, I have noticed that acting can make people happy and I have decided to be an actress.

If I become an actress, I will need to do lots of things. I will need to act according to the scripts. When I receive the scripts, I need to practise reading the scripts for a long time. I also need to know about the background of the characters. I need to learn about the style of speech and the body language of different characters. I want to make the world a better place. So I will act in funny films to make people laugh and I will make people relax after a long day's work. When people are bored, they can watch serial dramas on TV so they can be entertained. Then, people in the world will be more joyful and hopeful. In this way, the world will be a better place.

I think I am suitable to be an actress. I am good at telling stories and acting. Also, I am extroverted. I can work well with different people. Moreover, I am confident and straightforward. When I need to do some

Kathie Cheung (6B)

actions that are exaggerated, I am not shy. I am brave too, so I won't be nervous when I act in front of an audience. Actresses need to memorize the scripts when they act and my memory is quite good so I think I will be able to do the job well.

There are many good parts to this job. If I become an actress, I can wear different costumes and put on beautiful make-up. I can also become popular and earn a lot of money. However, there will be some bad parts to being an actress. For example, the working hours of being an actress is unstable and I need to spend a lot of time away from my family and friends. But I think I will be able to endure them.

I need to do a lot of things to prepare myself for my dream job. First, I need to read some books about acting and try to develop some unique skills and talents. Then, I need to study some female roles and watch how some famous actresses act. I also need to enrol in some acting classes and develop my acting techniques.

I have dreamed of being an actress for a long time. Although the process will be hard, I will work hard to achieve my goal. I hope that my dream will come true one day.

What do you want to be when you grow up? A lawyer? A doctor? Or a teacher? I want to be a vet when I grow up. Vet is a doctor for animals. Let me tell you more about this job.

A vet needs to have bachelor degrees in science-related subjects such as zoology, biology, chemistry and animal science, including classroom and laboratory education. Students who want to be a vet need to have good results in these subjects so that they can study in the veterinary schools. Therefore, they need to have good results in many subjects.

Vets also need to have good memory because they have to remember the names of the diseases. They need to be compassionate with the pet owners. They need to care about their feelings. Curing animals are more difficult than curing human beings because animals can't directly tell the vets about their pain. Therefore, vets need to observe their body language carefully so that they can cure their sicknesses. I think I am suitable to do this job

because I have all the personality traits that vets should have.

Every job has good parts and bad parts. The good part of being a vet is, and of course, we can relieve the pain of the injured animals. It is endlessly rewarding to cure animals. The bad part is giving bad news to the pet owners. It is awful to tell them their beloved pets are going to die. But I still want to be a vet.

If I become a vet, I will try my best to make a better place for animals to live. I will develop some animal shelters for the stray animals. I will try to educate the public to think carefully before keeping pets. I will also help the stray and injured animals on the street. I will heal their pain and help them to find a new owner.

Although I know that the path to become a vet is not easy, I will strive my best to conquer this difficulty. From now on, I will study hard to achieve my goal on being a caring vet.

Gigi Ye (6D)

I always imagine myself wearing a white coat, in a hospital and saving others' lives. I have dreamed of being a doctor when I was a little girl. Becoming a doctor is noble and this is meaningful to me. I feel really bad when I see people getting sick and hurt but I can't do anything to help them. However, if I become a doctor, I will be able to help them and cure them.

If I become a doctor, I will cure people and help them to recover from their injuries. First, I need to examine the patients and find out what is the patients' problem and find the right medicine to cure them. If it is necessary, I may have to do surgery. Apart from working in a hospital, I have to promote health education at schools too. I can give advice to people about how to keep healthy and strong.

I have to be diligent if I want to be a doctor because I need to have a college or advanced degree in medicine, chemistry or biology. Also, I need to study in medical school for years. After that, I have to join a specialist training in the chosen area of medicine. These courses will take

me years to complete. I have to be tough and persistent so that I can finish all of them. Other than being diligent, I have to be patient too. Sometimes the patients may be hard to deal with and I need to have good communication skills and support the patient.

Being a doctor makes me feel happy and proud. I feel pleased when I cure sick people and it gives me satisfaction. A doctor has a high salary too but I need to work for long hours with little rest. I won't have much time with my family and friends but it is worth it.

If I really become a doctor, I also want to become a volunteer worker and go to poor countries like Africa to cure the sick. Maybe you might think, "Why do you choose to go to such a challenging place when you have a nice home in Hong Kong?" My answer is I want to help people, all people, including the poor. They deserve to have medical care too.

I hope I can see myself wearing a white coat and working in a hospital in 20 years time. I will be very proud of myself.



日期:20-5-2017

(星期六)

地點: 本校禮堂



管樂團音樂會2017已圓滿舉行,當天下午約有180位管樂團家長來臨,欣賞同學們的訓練成果。樂團指揮潘SIR亦與家長分享學習樂器的心得。

管樂初團表演兩首歌曲

管樂初團和高團的同學合奏





管樂高團成員落力表演

2016-17年度管樂團(初團)

班別	姓名	樂器	班別	姓名	樂器
3A	黃柏晴	上低音號	3A	黃柏晴	上低音號
2A	盧佩儀	小號	2A	盧佩儀	小號
2C	官嘉豫	西洋敲擊	2C	官嘉豫	西洋敲擊
3D	鍾凱喬	西洋敲擊	3D	鍾凱喬	西洋敲擊
2A	葉雨晴	長笛	2A	葉雨晴	長笛
2C	何睿津	長笛	2C	何睿津	長笛
2C	張靖瞳	長笛	2C	張靖瞳	長笛
2C	李芷儀	長笛	2C	李芷儀	長笛
3B	甘芷蘊	長笛	3B	甘芷蘊	長笛
3C	張曉暄	長笛	3C	張曉暄	長笛
4D	何穎湉	長笛	4D	何穎湉	長笛
5B	陳梓澄	長笛	5B	陳梓澄	長笛
2A	鄧安喬	單簧管	2A	鄧安喬	單簧管
2A	裘惠嵐	單簧管	2A	裘惠嵐	單簧管
2C	蔡泳霖	單簧管	2C	蔡泳霖	單簧管
2D	劉晰妍	單簧管	2D	劉晰妍	單簧管
3C	袁子雅	單簧管	3C	袁子雅	單簧管
3C	吳敏喬	單簧管	3C	吳敏喬	單簧管
3D	黃紫瞳	單簧管	3D	黃紫瞳	單簧管
2D	蘇曉晴	圓號	2D	蘇曉晴	圓號
3A	莊宜蓁	圓號	3A	莊宜蓁	圓號
4D	孔悅庭	圓號	4D	孔悅庭	圓號



黃珞茵(6A) 卓明璇(6C) 梁芷凝(5D) 陳正恩(5D) 單簧管合奏



余思樂 (4B) 小號獨奏



胡苡臻 (1A) 岑妙珵(1C) 上低音號合奏



林祉攸(5C) 長號及上低音號獨奏

2016-17年度聖羅撒學校管樂(高團)

					1
班別	姓名	樂器	班別	姓名	樂器
4B	余思樂	小號	4C	李善瑜	長笛
3B	李曉琳	小號	5A	甄綽琳	長笛
3D	梁凱嵐	小號	6C	劉欣彤	單簧管
5C	林妍熹	小號	3C	黃詩婷	單簧管
4A	李鎧晴	小號	5D	梁芷凝	單簧管
6D	林卓穎	西洋敲擊	5A	何彥彤	單簧管
5D	陳思澄	西洋敲擊	5A	譚雅靖	單簧管
2A	朱茜庭	西洋敲擊	5D	陳正恩	單簧管
3C	張菲	西洋敲擊	5C	劉恩彤	單簧管
3B	胡菀琳	西洋敲擊	5B	何樂臻	單簧管
4D	蕭力慈	低音號	5B	林敏言	單簧管
4A	冼葦澄	低音號	5C	張芯悠	單簧管
5C	林祉攸	低音號	6B	何嘉慧	單簧管
5A	孔璧然	低音號	6A	黃珞茵	單簧管
6D	劉晰雅	低音號	6C	卓明璇	單簧管
6C	陳祉欣	低音號	4B	陳浩嫣	單簧管
3A	李欣臨	低音號	3A	黃浠蕎	單簧管
4A	劉鎧滺	長笛	3A	黃靖嵐	單簧管
4C	陳貝翹	長笛	3A	陳祉臻	單簧管
5B	劉芷滎	長笛	4D	蔡曉慧	單簧管
6C	黃懿煊	長笛	4B	黃朗怡	單簧管
6A	衛頌婷	長笛	4A	容可兒	圓號
5B	徐悠獻	長笛	5C	劉芷而	圓號
5C	司衍晴	長笛	6C	陳芍言	圓號
6A	鄭靖婷	長笛	3B	何凱彤	圓號
2C	吳卓錂	長笛	3A	鄧映澄	圓號
5A	郭嘉怡	長笛	4B	陳思穎	圓號
4D	陳愷汶	長笛	4A	駱曦雯	圓號



劉芷而 (5C) 法國號獨奏



黃朗怡(4B) 單簧管獨奏



劉鎧滺(4A) 長笛獨奏



劉晰雅 (6D) 大號獨奏



學生信作共享

五年級的《我的名字印章設計》,是認識香港藝術家 郭孟浩的藝術風格及中國篆刻藝術後的創作。



5A陳嘉希



5A李芯瑤



5A魏芯言





5B 文詩晴





5C劉恩彤



5C葉殷廷



5C盧芍穎



5D麥紫琳



5D何天雅



5D羅喜芊







一年一度的「親子樂滿FUN」活動於3月份已順利完成。活動當天雖然不是風和日麗,但得天公造美, 家長及學生都能夠順利參與各項遊戲及歷奇活動。

是次的歷奇活動需要挑戰各位家長及學生的耐性、 解難能力及合作性,綜觀各位參加者不但投入活動, 亦非常享受親子玩樂的時光,令活動的氣氛生色不少。

現在就與大家分享一下活動當天的點滴



來一張大合照好好紀錄我們的活動。

できる。

香港青年協會賽馬會西貢戶外訓練營

地環境優美・令人心廣神怡・

「到底太家在找什麼呢?」

大家都非常認真地 聆聽教練的講解。

看看地圖、找找看。

游绳下降

大家都專心地觀看教練的示範。

「好緊張呀!

戴上安全帶 • 準備出發!

「Yeah!挑戰成功!」





動物醫生負責人介紹「動物醫生」計劃。

□才了得的司儀 正在介紹當天的 活動內容。

校外獲獎

個人全能花式跳繩錦標賽

	女子7歲30秒前繩雙腳跳速度跳	優異獎5	1C 陳子澄
	女子7歲30秒後繩雙腳跳速度跳	優異獎5	1C 陳子澄
	女子7歲30秒單車步速度跳	優異獎6	1C 陳子澄
	女子8-9歲30秒二重速度跳	優異獎4	3A 胡焯琳
	女子8-9歲30秒二重速度跳	優異獎6	3A 吳詠芯
	女子9歲30秒交叉跳速度跳	冠軍	3B 胡梓喬
	女子9歲30秒交叉跳速度跳	優異獎8	3B 杜衍然
	女子9歲30秒單車步速度跳	優異獎4	3A 胡焯琳
	女子9歲30秒單車步速度跳	優異獎7	3B 胡梓喬
	女子9歲45秒個人花式賽	優異獎4	3B 胡梓喬
	女子9歲45秒個人花式賽	優異獎7	3A 吳詠芯
	女子10歲30秒單車步速度跳	優異獎8	4C 曾稔芯
	女子12歲30秒交叉跳速度跳	優異獎5	6A 戴瑋妍
	女子12歲30秒單車步速度跳	優異獎6	6C 葉翠瑩
-	女子12歲45秒個人花式賽	亞軍	6C 葉翠瑩
	女子12歲45秒個人花式賽	優異獎7	6A 區梓昕

第六十九屆香港學校音樂節(個人)

	聲樂獨唱 -中文歌曲 (男童聲或女童聲) 10歲或以下	季軍	1B文諾琳	
	鋼琴獨奏-六級	亞軍	2A朱茜庭	
	鋼琴獨奏-四級	季軍	4A羅珮嘉	
	筝獨奏-初級組	亞軍	4B鄭嘉瑜	
~	鋼琴獨奏-五級	冠軍	4B梁綽言	
	鋼琴獨奏-二級	亞軍	5A陳嘉希	
1	二胡獨奏-初級組	亞軍	5A陳頌恩	
	鋼琴獨奏-四級	季軍	5B余芷淇	
	圓號獨奏- 小學初級組	季軍	5C劉芷而	
	揚琴獨奏-初級組	季軍	5D陳樂研	
	聲樂獨唱 -外文歌曲 (男童聲或女童聲) 10歲或以下	冠軍	5D羅喜芊	
	低音大提琴獨奏-中級組	冠軍	5D羅喜芊	
	鋼琴獨奏-四級	季軍	6A莫冠怡	
	筝獨奏-初級組	亞軍	6C鄭嘉盈	
•	琵琶獨奏-中級組	季軍	6C彭琛賢	^

第六十九屆香港學校音樂節

	小學合唱隊- 教堂音樂(優E	中文歌曲)- 13歲或以下 包變
	4A 馮亦樂	4A 伍敏呈
	4A 譚嘉怡	4A 鄧岫靉
	4A 鄧穎欣	4B 羅綽嵐
	4B 梁綽言	4B 李欣穎
	4C 林樂兒	4C 李善瑜
	4C 梁凱欣	4C 龍思羽
	4C 舒齢僖	4C 談 晴
	4C 黃映童	4C 胡焯嵐
	4D 陳愷汶	4D 孔悅庭
	4D 梁洇蔚	4D 蘇芷盈
	4D 唐子喬	4D 唐椲蒑
	4D 甄尹琳	5A 陳頌恩
	5A 陳迦宜	5B 何樂臻
	5B 何雪柔	5B 金昕彤
	5B 林庭伊	5B 文詩晴
	5B 姚紫婷	5B 余芷淇
	5B 阮芯頤	5C 陳泓橋
	5C 劉芷而	5C 吳瑞霖
	5D 何天雅	5D 劉思琳
	5D 李祖熒	5D 伍穗怡
	5D 潘葆頤	6A 衞頌婷
	6B 陳紀蒽	6B 陳思嘉
	6B 陳慧朗	6B 何嘉慧
	6B 關恩莛	6B 蕭瀅恩
	6C 陳芍言	6C 何欣宜
	6C 劉子晴	6C 柯沛熒
-	6C 彭琛賢	6C 黃懿煊
-	6D 郭穎妍	6D 林卓穎
	6D 劉寶如	6D 丘鈞亭



Allstar川學校際劍擊新秀賽2017

女子丁組團體冠軍	1A 陳奕霏 潘楚蕎 黃琛如 胡苡臻
	1B 康芯悅 郭傲珈 李稀僮
	1C 潘祉穎
	1D 蔡凱雅 曾罄欣 衞詩雅
女子丁組第二名	1A 黃琛如
女子丁組第三名 (2名)	1D 曾罄欣 蔡凱雅
女子丁組第八名	1B 郭傲珈
女子丙組團體冠軍	1A 陳鎧潼 2D 廖芯慧
女子丙組第二名	2D 廖芯慧
女子丙組第三名	1A 陳鎧潼
女子乙組團體亞軍	3A 許又荍 3C 駱欣彤
女子乙組第五名	3A 許又荍
女子乙組第七名	3C 駱欣彤



2016-2017 年度全港小學校際劍擊比賽

女子乙組花劍	團體季軍	5B 姚紫婷 5B 吳卓琪 5C 李溢澄
女子乙組花劍	第五名	5C 李溢澄

孔仙洲盃花式跳繩比賽

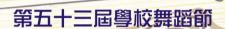
女子丙組雙人橫排前繩	季軍	1C 陳子澄 2C 李芷儀
女子乙組雙人橫排前繩	季軍	3A 胡焯琳 3B 胡梓喬
女子乙組三人大繩	冠軍	3A 吳詠芯 3B 胡梓喬 4C 許 玥
女子乙組	全場總亞軍	3A 吳詠芯 3A 胡焯琳 3B 胡梓喬 4C 許 明 4C 曾稔芯

維護生命日標誌創作比賽

5A 陳頌恩 季軍

6C 陳芍言 優異獎

6C 徐心裕 優異獎



中國舞群舞小學	高年級組甲級獎
3A 林于晴	3A 黃靖嵐
3C 黃詩婷	3D 賴希賢
3D 吳欣澄	3D 黃焯媱
4B 陳詠詩	4B 吳思澄
4C 林樂兒	4C 盧佩均
4D 周梓彤	5B 何樂臻
5B 何雪柔	5B 文詩晴
5B 葉文慧	5B 姚紫婷
5C 張芯悠	5C 林頌恩
5D 陳樂研	6C 馮諾恆
6D 郭穎妍	

教聯會兩文三語朗誦比賽

(粵語組)

1A 陳鎧潼 季軍

1A 劉思珽 亞軍

1B 王安喬 亞軍

1C 秦靜悠 亞軍

1C 袁雅翹 冠軍

2B 黎子萱 亞軍

2B 謝晞彤 季軍

2C 潘雅鏸 冠軍

教聯會兩文三語朗誦比賽 (普通話組)

1A 潘楚蕎 亞軍

1C 傅卓霖 冠軍

2A 戴嫣妍 冠軍











同學們當天都玩得很開心啊!

大家還記不記得一月二十一日(星期六)是甚麼日子?這天是我校舉行一年一度「校慶樂繽紛」的大日子啊!這天一如既往,學校及家教會都為同學舉辦了不少的遊戲攤位及手工攤位,還有同學們最喜歡的吹氣滑梯及吹氣彈床,大家都玩足了一整天,盡慶而歸。

那天,同學們都很踴躍參與家教會的手工攤位,當中最受歡迎的有「幸運手繩」、「黏土蛋糕杯」和「得意膠珠匙扣」,同學們都很認真和用心製作小手工,大家都能製作出精美的小手工,實在有賴「愛心玫瑰」家長義工團為同學們準備不同的手工攤位,真的很感謝曾經為攤位付出的家長義工們,有你們的付出,才能讓活動順利進行。大家是否已很期待下一年的「校慶活動」呢?希望大家來年能繼續多多支持,參與不同的攤位活動。

大家看看當天愉快的時光吧!



老師為同學們準備的遊戲攤位十分吸引,真好玩呢!



同學們在玩遊戲攤位,你們看,她們的樣子多認真啊!

老師也跟同學們 玩遊戲,真開心!

這個滑梯當天是同學們的最愛,從高處滑下來,相當刺激啊!





76=17年度家教會活動

「愛心顯關懷」探訪老人院活動





同學們替長者把福袋送到房裏。真抵錫啊!

大家有沒有做義工的經驗?同學們 於2017年3月25日(星期六)參與了一個很有意 義的活動—「愛心顯關懷」探訪老人院活動。探訪 前,同學們已經密鑼緊鼓綵排當日的表演節目,整個綵排 的過程中,老師十分欣賞同學們的認真,她們為了表演精采的 節目給長者觀賞,她們犧牲了不少小息的時間,實在十分「抵讚」

是次活動能順利完成,本會衷心感謝家長及同學熱心參與及支 持。是次活動所籌得之善款總值港幣56910元。善款的用途包括購買「福 袋」禮物(外套、毛巾、拖鞋、水果和餅乾、奶類飲品、沐浴露及潤膚露、 濕紙巾、卷裝紙巾等)及是次活動的其他開支,總開支為港幣50995元。扣 除上述開支後,餘下善款港幣5915元於當天全數撥捐聖瑪利安老院。

探訪老人院當天,同學們的臉上總是露出燦爛的笑容。正所謂「助人為 快樂之本」,幫助別人的過程總是令人快樂。同學們除了將福袋送給 長者外,還跟長者們表演唱歌、吹奏樂器、朗誦、長者操等,為長 者帶來不少的歡樂。

這次活動對同學來說是很難得的。透過活動,同學們嘗試 跟長者聊聊天,說說笑,她們將愛帶給長者,關懷長 者。各位同學,希望你們明年能夠嘗試做義工, 幫助有需要的人。





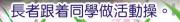
同學們表演得十分精彩。 長者們很喜歡她們的表演。

同學們吹奏-美妙的樂曲, 的很動聽啊!

同學的朗誦表演十分精彩



同學們教長者做活動操



家教會主席陳楊佩韻女士 把捐款交給老人院