



# 聖羅撒學校校訊

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## 開學時！

2014年9月8日全校師生到聖德肋撒堂參與開學感恩祭，祈禱天主幫助所有學生成為一位友愛、盡責、有禮、誠實及富正義感的聖羅撒學生。



## 朝聖時！

我們一班小教友為了準備潔淨的心靈，迎接主耶穌基督的降生，在2014年12月13日，參加了學校特別為公教同學舉行的朝聖活動。當日校長、公教老師及公教同學一同懷著喜悅的心情，參觀了石硤尾聖方濟各堂及李鄭屋邨聖老楞佐堂。在聖堂內，我們一起祈禱，還一同唱聖詠，每人都懷著信德和喜悅的心情準備迎接聖誕節。







## 參觀馬槽時！

三、四年級公教同學於2014年12月16日，到聖德肋撒堂參觀聖誕馬槽，認識耶穌誕生的事蹟。





# 新老師介紹

大家好，我是吳懷燕老師，今年是4A班的班主任。

未進入這校園時，朋友們都為我擔心，以我爽朗的性格是否能適應全女班呢？但九月份踏入聖羅撒學校之時，女孩子們的開朗活潑令我印象深刻，同時亦掃除了朋友們的擔心。

新的教學環境及新的學生，這都是我需要重新學習的。期望能利用以往的教學經驗，協助女孩子們發展她們的才能。與女孩子們在這所被神祝福的學校內，一起渡過愉快的小學生活。



Although I am new to St. Rose of Lima's School, I have actually taught for many years. I have taught in different schools, both private and government, both co-educational and single-gender, primary and secondary. Do I have a preference for one type of school? No. I have found joys and challenges in all of them because it is the interaction with the students that I find most rewarding. It's the positive change I see in students, whether it be dramatic or subtle, that makes me realize the impact teaching has.

Over the past years, I have met many great teachers who have been role models for me. And, I hope that I can also become a role model for my students. When the actor Robin Williams played the main character who was a teacher in the movie "Dead Poets' Society", one of the things that the teacher told his students to do was "Seize the day". I hope that all of you will embrace life and make the most of the opportunities you have been given, especially you who have been so richly blessed with so many of the great things in life.

Miss Anna Hung



Hi, everyone! I am Miss Christine Tsui, the new English teacher. This year, I am really glad and excited to join the big family of St. Rose of Lima's School. I am given the opportunity to become the class teacher of Class 1D. It has been a wonderful experience teaching the P1 girls because they are also new to the school, same as me. Although the little ones might be a little overwhelmed in a new school environment at first, they have been progressing in such a fast pace since the start of the school year. Every day, I watch them grow. Their growth is one of the biggest motivations that push me to become a better teacher - a teacher who teaches to inspire and to make a positive change in students' lives. Undoubtedly, I will continue to work towards my goal and I hope all my students can enjoy learning as I do!





大家好！

我是曾琳老師，任教數、常、視藝及資訊科技。今年有幸加入聖羅撒學習，成為1C班的班主任，任教各級別，與大家一起學習和成長。教學上的辛酸的事情，在老師的互相關懷，學生燦爛的笑容，讓我有更多的動力。在未來的日子，希望能與大家在聖羅撒，創造更多美好的回憶。



大 家

好，我是程妙紅老師，今年是5C班的班主任。雖然我本學年才加入聖羅撒學校這個大家庭，但這裏的學生令我感到很親切。這是因為我在中學時也是就讀於一間女校，無論是學生在課堂上認真學習，或是在小息時分享食物、輕鬆地聊天，都令我想起以前在學校的歡樂時光。在十月下旬，我和中學同學有一個聚會，大家興致勃勃地分享在學校時的趣事，我們還在酒樓內一起唱校歌和校詩，情況非常熱鬧。聖羅撒學校也是一間能令學生有歸屬感和感到自豪的學校，這裏有優良的傳統，用心教學、關心學生的老師，希望同學們能好好享受在聖羅撒的校園生活，無論是苦是甜，這裏的一點一滴，都會成為你們珍貴的回憶。

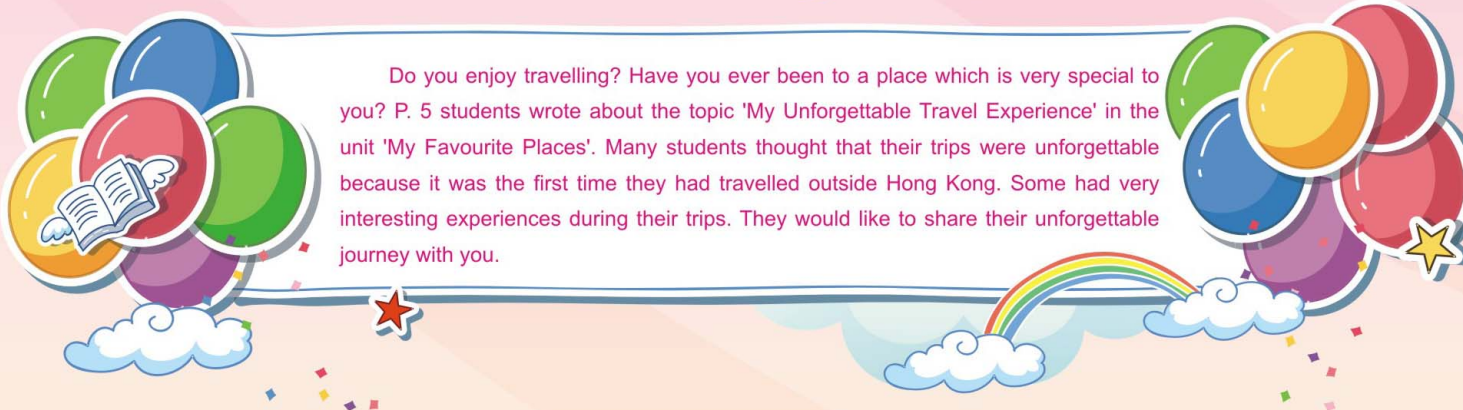


大家好！

我是1B班的班主任黃靜歡老師，任教數學、體育、常識科。我非常榮幸能夠加入聖羅撒這個大家庭。在學校裡，很高興能結識熱衷教學的老師、勤奮好學的同學。期望每位聖羅撒的家庭成員都健康快樂，每位同學都好好享受愉快的校園生活，大家一起學習、一起成長。







Do you enjoy travelling? Have you ever been to a place which is very special to you? P. 5 students wrote about the topic 'My Unforgettable Travel Experience' in the unit 'My Favourite Places'. Many students thought that their trips were unforgettable because it was the first time they had travelled outside Hong Kong. Some had very interesting experiences during their trips. They would like to share their unforgettable journey with you.

## My Unforgettable Trip to America

By 5A Lauren Suen

I have been to many places before like Japan, Korea, China and America. Among all the places, I had an unforgettable trip in America.

When I was five, my cousin invited our family to visit him. All of us were excited but my mum wasn't happy about travelling to America. She thought that all the people there were violent but I didn't think so. I thought they were nice. It was a good chance to show Mum that I was right.

When we arrived in America, first, we went to Times Square. Although we wanted to buy a lot of souvenirs and take them back to Hong Kong, we didn't have enough money so we just bought a few. After shopping, we went to Niagara Falls. It really shocked me because it was great and beautiful. I will never forget that stunning view.

Then we visited the Statue of Liberty. It was huge and marvelous. I wondered how long the Americans took to build it. I hope there will be such kind of buildings in Hong Kong one day.

On the last day, we went to Central Park Zoo. I loved the animals there because they were all very cute. I liked the monkeys most because they looked silly. They always moved their bodies as if they were dancing. They would dance again when I laughed.

On this trip, we ate a lot of food in restaurant too. But something happened in one of the restaurants. Mum broke a plate but the waiter didn't give her a bad look. He was even more friendly to her. He gave her a present. After that Mum realized that not all Americans were violent.

I liked this trip very much because it was fun. During the journey, I learnt that we shouldn't discriminate against other people. America is a nice place to go so I want to recommend it to my friends. I hope I will go to America again.

## My Unforgettable Trip

By 5B Megan Chan

Have you ever been to another country? I have been to many countries like America, Canada and Japan. Out of all of them, I like Canada best because it was my first time to travel with my best friend, Charlotte. It was really unforgettable.

On the first day of our trip, we went to a small town, Regina in Saskatchewan. It was very small but it was equipped with everything the residents need: dental care, shopping malls and supermarket. We found two famous buildings there --- the Royal Canadian Mounted Police's Academy and the Heritage Centre. We were amazed by the weather: heavy snow, rainbows and stunning sunrises and sunsets. We made "snow-angels" in the snow. We also played a snowball fight. It was terrific to stay in the "City of Snow"!

I liked watching birds everywhere --- on rooftops, walls and in backyard gardens. On the second day of our trip, I saw a special black bird with a fat orange belly. After having the "meeting" with the bird, we checked it on the internet and found that it was a robin! Charlotte and I both knew that robins sing a wide range of songs. So, we built a nest out of a paper box, twigs and mosses. Then one robin came and dropped down something blue--- it was mother bird's egg!

Canada is an amazing place to visit! It is full of fun and excitement. I will recommend my friends to go there and have a "white" holiday. I definitely want to go back there again in the future.



## My Unforgettable Travel Experience

By 5C Nobie Ng

I had never been to South Korea before until my friends Percy and Kristie invited me to go there with them when I was in P. 3. We went there during our Easter holiday. It was really an unforgettable experience for me because we met a pop star during the trip.

We flew from Hong Kong to Seoul and the flight lasted for more than four hours. We stayed in Seoul for five days. On the first day, we went shopping at a big, new shopping mall called COEX. We bought many clothes and shoes and they were cheap but great. I loved the white boots I bought there best because they were soft and warm. At night, we drank some renshen soup with chicken. After dinner, we back to the hotel room to take a bath. Then, we went to Percy's room to play card games, sing songs and eat snacks. We played until 2 a.m. and then went to sleep. I felt tired but happy because we can't usually play until 2 a.m. if I need to go to school the next day.

On the second day, we went to Lok Tin World and rode on the mechanical rides. My mother went shopping again and my father took us to skate and play on the GyroSwing and GyroDrop. At noon, we left Lok Tin World and we went to make some kimchi to give it to the poor children and old people. After that, we wore some Korea clothes and took photos. The clothes were beautiful and I felt excited because it was the first time I had worn them.

On the last day of our trip, we met a Korean pop star called Kim Hoo Hyun! I felt happy, excited and a bit nervous when I met him. We chatted with him in English and he gave us his autograph. We also took lots of photos with him. However, it was soon time for him to go.

South Korea is an amazing place to visit if we want to relax. I know I had a terrific holiday! The trip was unforgettable because it was the first time I had visited Korea and the first time I met a pop star.

## My Unforgettable Travel Experience

By 5D Janice Lam

I had an unforgettable travel experience on a sunny weekend in Sai Kung. I went there with my family one morning.

When we first arrived in Sai Kung, I whispered, 'Oh, the air is so fresh!' At the pier, I saw an old man with many people standing around him. Then I pulled my parents towards him and we saw that he was making balloons for the young children. He made many different balloons of famous characters such as Superman, Snow White and Princess. I noticed that the old man smiled happily when he saw that the children liked the balloons he made.

There were also stalls which sold fresh seafood at the pier. Although the seafood was not cheaper than that in the market, it was very fresh. There were also some people fishing at the pier and they had caught a few fish.

Later my sister called out to me, 'Hey Janice, come here. The water is at low tide.' Then she pointed to some large rocks in the water and I saw a crab climbing out from under them. My sister and I then found many crabs.

When you are happy, the time passes quickly and soon it was evening. Suddenly I heard my mum shouting loudly. 'Hey, you two, it's high tide. Come back!' So I went back to the beach with my sister and counted the crabs we had caught. Then we sat on the beach with our parents. The wind blew softly on my face. It was like my mum touching my face. At that time, the sun was shining but it soon disappeared. It was sunset. The view was beautiful!

The trip to Sai Kung was unforgettable because it was the first time I had caught so many crabs. Sai Kung is such a beautiful place that I will never forget it. I will always remember the time I watched sunset with my family there.





## Our Dream Jobs

Some people started to think of what they want to do very early in their age. Some decided to be doctors or pilots as early as six or seven years old. Our P.6 girls would like to share with you what they want to be and how they would like to contribute to the society through their jobs.

### My Spectacular Ambition

By 6A Agnes Chan

Can you guess what my dream job is? I bet you can't. I want to be a police officer! You must be very surprised and wonder why a girl wants to become a police officer, but I am different from other girls. Let me tell you about a police officer's job.

I chose this job when I was three years old because I saw a TV program that showed a police officer. He was wearing a bulletproof vest, holding a gun and driving a motorbike as he chased after a criminal. At that time I thought this was awesome and so I decided that I wanted to be a police officer. Police officers need to catch robbers, solve crimes and go on street patrols so I think this kind of work would be very suitable for me.

I think I can be a police officer because I am sporty, outgoing and energetic and these are some important strengths that a police officer must have. I am good at running so I think I could run after a thief and catch him.

If I become a police officer, I will catch thieves and criminals and put them in jail. I may also have to use a gun to shoot criminals. Perhaps I will even catch an international, well-known criminal and become very famous. I think that being a police officer would give me a lot of satisfaction because I could make the world and our society a better place to live.

If I want to be a police officer I will need to work hard so that I can go to university. I will also need to read more books about being a police officer. I must stay strong, healthy and fit for fighting the thieves too.

If I become a police officer, I may be famous. If I catch a lot of criminals, that will give me a lot of job satisfaction. These added reasons make me want to be a police officer even more.

Being a police officer is tiring because of shift work, and also you only earn a low wage. But a police officer can help everyone in society. I won't give up wanting to be a police officer and I hope that after you read this, you will know more about me and understand my special, fantastic dream job.



### My Dream Job

By 6A Rachel Kwok



I have wanted to do different jobs at different times in my life. When I was four years old, I wanted to be an athlete. When I was ten, I wanted to be a lawyer. And do you know what I want to do now? Let me tell you about it.

I want to be a pop singer because I want the world to be full of music!

I want to help people in countries like Japan, Korea, and USA to love music. If I become a pop singer, I will entertain audiences and bring them happiness and joy. If I become a singer, I will travel around the world and give concerts. I want to be very famous, have lots of fans and earn a lot of money.

I am good at singing and dancing. I am self-confident, talkative, artistic and creative, and a good singer needs to be all these things. If I become a pop singer, I need to sing in front of people at concerts and take part in charity parties too.

I will need to do a lot of practice before I become a singer. I need to have a good voice and be confident in front of people too. I also need to practise dancing, keep fit and stay healthy.

I have a lot of good qualities, like self-confidence, so I think I can become a famous pop singer. I hope my dream job will come true.

### My Dream Job - Vet

By 6A Ruby Fong



Many people like keeping animals because animals are friendly and lovely. But if animals get sick, who can help them? That is why I want to be a vet. I have been influenced by my dad because he is a 'dog lover'.

Being a vet is really not easy. Vets need to care for many animals, from birds to turtles and even whales! They need to provide preventive care and treatment for sick and injured animals. They also need to collect and test laboratory samples and take and develop X-rays. They need to operate on animals too. It is very important for a vet to be caring and respect animals by looking after them well. Vets work long hours so they need to be hard-working too. Having strong observation skills and patience are important qualities for a vet because they need to diagnose the medical problems of animals carefully.

I love animals so much that I want to become a vet so I can always stay close to them in my daily work. Because I can be friends with animals, I will have an interesting and meaningful job for life.

In order to become a Vet, I must study hard and get a college degree in Animal Science. I will educate people to care for animals and keep them healthy. I will teach people to respect animals by caring about them. If I can achieve my dream, I will be very happy.



## My Dream Job

By 6B Czarina Leung

When I was small, I used to wonder what I would be when I grow up. An astronaut? A businesswoman? A famous fashion designer? Or a well-known dolphin trainer like Abby Stone? But now I have taken my pick, I have chosen to be a doctor.

Once, I watched a programme on TVB Pearl called "The Ebola Virus". I saw patients lying on a broken, wooden bed, sweating and not able to move their limbs. Centipedes, flies, rats and tonnes and tonnes of gross animals surrounded the patients. The conditions were terrible! When I saw the scene, I really felt sorry for them. So, I have sworn to become a doctor to help those patients. It's a tragedy. It's miserable. I don't want them to be in such pain.

If I become a doctor, I will try my best to help the world. First, I would open a clinic with the newest machines to help developing countries. But the main reason I would open a clinic is to cure sick people for no cost. Many people in developing countries don't have enough money to see the doctor. I can't open a clinic by myself because I think I may need a lot of money to buy the machines. So I will join the Medecins Sans Frontieres. I can't cure all the people around the world by myself so I will need some help. If more people help, more people can be cured. I will be happy if I see a big charming smile on the patients as they heal. If I save the patients, I will be proud of myself.

If I want to be a doctor, I have to do many things. I need to be calm when I see horrible wounds. If I saw wounds in a book, I would probably scream out loud and cry. But I need to see lots of disgusting wounds if I become a doctor. I also need to be strong because while I'm saving a patient, I may catch the disease too and I may die easily. I hope I can overcome the difficulties and fulfil my dream.

Saving people's lives is a doctor's duty. Life is precious. Professional doctors (maybe me) must try to save lives. I hope I can be a doctor in the future so that I can cure more people who are suffering from unknown diseases. If I succeed, I will be proud of myself.



## What I Want to Be - A Social Worker

By 6B Natalie Ho

What do you want to be? I want to be a social worker because I am good at comforting others. I think I can help people who are in need in our society, such as the poor and the elderly. I will help them fight for their rights and I will try to comfort and encourage them when they face difficulties.

I am a kind and caring person and I can chat with others easily. I will care for those people who feel stressed because they cannot make ends meet. I will also care for the elderly by visiting them and giving them gifts to make them happy. I like reading books, listening to music and playing the piano so I will be able to read books to poor children and play the piano for them.

But, I need to prepare for this job and get a Bachelor's degree in Social Work first. Then, I need to learn counselling skills to use in everyday life. I also need to learn to be more sociable and chatty because at present I am shy, timid and introverted.

If I keep being shy, timid and introverted, I cannot do this job well.

It will be good if I can help lots of people in this job because helping people is very meaningful. And, when I succeed in fighting for the rights of the poor, I will be happy and have a sense of achievement too. However, because I am a compassionate person, it will be difficult for me to overcome my emotions when I hear stories about the sad lives of poor people.

Being a social worker is not an easy job. But I still want to be a social worker. What do you want to be? If you haven't chosen a job yet, you need to think about it carefully. Then, work towards your goal.



## My Awesome Dream Job

By 6B Victoria Lee

People always ask, "What do you want to be when you grow up?" and, I have different answers every time. But now I want to be an aerospace engineer. Usually people think being a doctor is the best job in the world because doctors earn a lot of money. For me, being an aerospace engineer would be a lot of fun!

Nowadays, few people study about space but I like going to the Internet to do research and put all my research into a file labelled "The Book of Awesome." Weird, I know. But, whenever I have time, I read the file. The facts help me learn more about the mysterious universe. Fun Fact: Do you know that Jupiter has 66 moons? Famous ones are Io, Europa, Ganymede and Callisto.

If I become an aerospace engineer, I will help others to explore and learn more about the universe. But how? Of course by building rockets! I will design the appearance of the rockets and where to put the engines so the rockets will start. I have to plan where to put the fuel tanks and where to put the boosters too. It can be very confusing but with a good blueprint, everything will be easy.

To be an aerospace engineer is difficult. First, you must have a college education and then a degree. But it's not easy to get a degree in this area! Before thinking about a degree, what about schooling now? I have to prepare well to get into a good secondary school and study hard, then get into a good college. After that, I will study hard and hopefully a degree should "pop out in front of my face."

I want to be an aerospace engineer, because I think it is awesome. Now, think about your dream job. What do you like? Think about what you like to do and then see what work or job this relates to. This is how I found my dream job. Why don't you try it too? If you find it, I would like to wish you good luck on the road towards achieving it.







## My Happiest Job

By 6C Bethany Chan

Do you know how many poor people there are in Hong Kong? Although Hong Kong is a rich city, there are still many poor people who need help. That is why I want to be a social worker, so I can help needy people in Hong Kong. And, although this job doesn't offer a high salary and I cannot become famous or travel around the world, I can gain something from my job which is very valuable- happiness.

I think helping people will make me happy and I hope I can be the best social worker in the world.

Through this job I can meet people from different walks of life and help make the world a better place. I can help people fight for their rights so they can have a 'fair go' and a better standard of living. I want to help people earn enough money to support themselves. I also want to help people solve their family and financial problems.

Even though I will have many things to do when I become a social worker, I won't let the job get me down because I am an optimistic person. I will tell myself that I am doing a meaningful job. I am also a communicative person and I love meeting new people and chatting with them. Because I make friends easily, I will be able to build good relationships with the people I help. I am a good-tempered and patient person too. I will not only work for a salary. I will 'work with my heart' to help others.

To help fulfil my ambition, I will learn more languages so that I can talk to people from different countries and minority groups. I will read newspapers so that I will be more knowledgeable about other places. I will join more voluntary groups so that I can learn different ways to help people too. I will also read more books and watch documentaries to learn about different things that are happening in our society.

Being a social worker is my dream because it is a meaningful job. I really want to be a social worker one day, so I will work very hard now to fulfill my dream. Then I will be the happiest person in the world.

## A Perfect Job for Me - Pilot

By 6C Fion Chan

Do you want to work in the sky? Do you want to travel every week? Because I like both of these activities very much, my dream is to be a pilot! If I become a pilot, I can work on a plane and chat with the other crew members. Besides, I can also travel a lot. I think it would be the best job in the world!

I think being a pilot would suit me because I like travelling by plane. I am also a confident person and believe that I could make good judgments if there were an accident or problem during a plane trip. Because of my confidence and courage, I could do many things, such as presenting information to the passengers or giving presentations to my bosses. I am also a cooperative person. A pilot should have the right personal qualities to work in harmony with the captain or the vice-captain of the aeroplane. I would also need to be serious and self-disciplined because pilots cannot day-dream when they are controlling the plane and they cannot drink any wine, beer or alcoholic drink 48 hours before a flight. I think that becoming a pilot would be a meaningful job because I could help people visit their family members, friends or cousins in different cities or countries and also help people travel around the world.

I would like to fly to poorer countries to learn more about the needy so that I can tell Hong Kong residents about the conditions when I fly back home. I would also like to learn the customs of different countries and cultures.

If I want to achieve my ambition, I need to read books about aeroplanes, take good care of my eyesight and stay healthy. But the most important thing I need to have is very fluent English because I will fly to many countries overseas. To be a pilot, I need to study hard now, so that I can be a good pilot when I grow up.

If I become a pilot, I will earn a lot of money and then I can donate half of my salary to help the needy.



## What Do I Want to Be?

By 6C Sylvia Yip



"I don't agree with it, because..." Hello, Everyone! Oh! What am I doing now? I am discussing how to play this logic game with my friend. I like playing logic games because I want to be a famous detective in Hong Kong one day. I think that being a detective would be mysterious, interesting and challenging.

To be an excellent detective, you need to be tough, sensible, extroverted and responsible. Detectives need to be determined because when they face a challenge, they mustn't give up easily. They also need to be extroverted because when they are solving a case, they need to meet a lot of people. They need to be alert at all times because they don't know when the next danger or challenge will come. If I become a detective, I will be well-paid, then I can donate part of the money to charities and churches to help poor families.

To be a successful detective, I need to gain more knowledge about what a detective's work is like. So, I can go to the library and borrow more "Sherlock Holmes's stories", sharpen my problem-solving skills and learn how to look for clues. I can watch more movies and TV programmes about detectives. I can also play more logic and strategy games to boost my logical thinking skills.

But, it is important for me to remember that no matter what I want to do in the future, I ought to study hard now.



## My Dream Job

By 6D Charmaine Cheung

Have you ever been to the pharmacy? Do you know who invent new medicine? Pharmacist scientists are the people who invent new medicine. It is also my dream job.

I'm good at memorizing things. So it wouldn't be a big problem if I needed to remember the names of medicine. I want to be a pharmacist scientist because I want to help all the people in the world to escape from the suffering of sickness and feel better after having medicine. As I've said, I want to help people in the world. My goal is to invent a medicine that could stop SARS or Ebola. I might be famous after inventing some useful medicine! In this job, I will meet people around the world and have meetings to share experiences.

I need to have a college degree for medical science. I need to practise my skills in a real pharmacy too. Well, I don't know if I can really be a pharmacist scientist. But I know one thing: Work hard and try to be what I want!



## My Dream Job

By 6D Ellen Li



I suppose everyone has their own dream jobs of being maybe a doctor, a scientist or some jobs that need more intelligence than ever, but I would like to be a singer.

I would like to be a singer. I was first inspired by a famous singer called Ariana Grande. I like her singing because she can hit a lot of high notes. I really want to be like her so that I can earn a lot of money from performing, then I can make donations to charities.

If I become a famous singer, I will get to have world tours and so what I have always loved, and during these times I may meet a lot of new people.

Being a singer is no walk in the park, I will need to practise my singing every day, plus you need to work well with others, or else this career will be over.

Pursuing this dream is my destiny. I really, really want to achieve this goal.

## My Dream Job

By 6D Emily Lau

I have a lot of dream jobs. I want to be a fashion designer, an actress, a writer or a flight-attendant. Every job has its importance but I prefer to be a flight-attendant.

Why do I want to be a flight-attendant? It is because I love travelling! Imagine you can get paid for travelling to many beautiful countries and getting on the cool planes, isn't it a good job? By the way, you can also serve the passengers on plane and learn to care for others.



Being a flight-attendant, I have to be patient. Some rude passengers may make me feel angry but it is inevitable. I will still serve them and hope that they can have an unforgettable trip. I also have to be cooperative because I need to work with other flight-attendants. If we are not cooperative, the plane will be messy and the passengers would complain. I have to be polite because I have to talk to the passengers softly and politely so that they will be happy.

Being a flight-attendant is not easy. I have to study hard and learn to work with others. I hope I will enjoy my job when I grow up!

## What I Want to Be When I Grow Up

By 6D Olivia Chung



Miss Ng asked us what we want to be when we grow up. I have a few ideas in mind like fashion designing and interior designing, but at this moment I want to be a writer.

Why do I choose this job? It is because I like writing. And I often have stories in mind. I like this job because it is freelanced. You can make your story at home or in the office, even on the bus! Novel Writers need to be creative and imaginative so that they can write magnificent stories. They need to be passionate in writing stories too. I think I have these personalities so I think I can do it. I will be rich if people like my stories and I will meet a lot of friends too. I think it is happy to be a writer.

Being a writer is not hard but being a good writer is very challenging. I need to gain determination and perseverance to succeed my goal. But I believe I can.





# 學校旅行

我校於二零一四年十一月二十八日(星期五)，舉行了一年一度的秋季旅行。低年級的同學們去了粉嶺宣道園，高年級的同學則去了保良局賽馬會大棠渡假村。

當日晴空萬里，同學們度過了開心的一天，活動內容豐富：燒烤、溜冰、野餐、玩遊戲……快來看看這些精彩瞬間吧！

齊來照張大合照！



跑跑跳跳，讓我們一起運動起來！





和朋友在一起，我們玩得多開心！



肚子餓了，食物真豐富！





## 第十六屆聖羅撒學校家長教師會 周年大會暨家長教育講座

家長教師會周年大會已於十一月十四日舉行，當天先由講者陸鳴茜註冊社工(元朗大會堂家庭生活教育組主任)為本會舉行名為「我家中的小公主」家長教育講座。當天禮堂上座無虛席，講座一開始，陸姑娘以輕鬆幽默的表達方式以不同例子去剖釋現今普遍家長對子女的管教方式，令不少家長產生共鳴。陸姑娘更帶出不少令家長值得反思的問題，並針對父母如何管教女兒，給予家長不少心得，令我們受用不淺。希望本會日後能繼續舉辦類似的高質數講座或工作坊，使家長獲益之餘也可增進親子關係和加強家校合作的互動性。

講座結束後，由主席劉家鴻先生帶領祈禱下，第十六屆家長教師會周年大會正式開始，當天出席周年大會人數約有120人。主席為我們回顧過往一年家教會活動，包括親子旅行、校慶樂繽紛活動、親子蛋糕製作班、家長教育講座、小六畢業聚餐、代購香港芭蕾舞團表演門票，與及兩期會訊。

每項活動能順利完成，全靠為我們無私付出的各執委成員，以及全天候為學校服務的「愛心玫瑰」家長義工團，主席在此感謝過去一年曾為學校服務的家長和老師，因為他們的努力，才能使各項活動順利完成。而家長教師會於每項活動後也會收集各家長意見，並作出檢討，藉此希望透過了解家長的需要，有助來年活動計劃的定位和安排。

第八屆執行委員會成員如下：

2013-2015執委會	家長委員	學生姓名	教師委員
主席	劉家鴻先生 JOHN	6A 劉學欣	
副主席	陳楊佩韻 BETTY	3A 陳正恩	鍾潔雲校長
司庫	康寶瓏 LOUIS	6C 康靜晞	林妙齡副校長
文書	何鄧家欣 MARILYN	3B 何天雅	麥淑嫻老師
活動	麥葉婉清 BONNIE	6A 麥芷菲	談倩瑩老師
			霍詠恩老師
總務	林李淑德 RUBY	6C 林愛媛	柯財強主任



主席劉家鴻先生  
會務報告



主席劉家鴻先生致送  
感謝狀給義務核數師  
代表羅小姐



主席劉家鴻先生致送感謝咭  
給講者陸鳴茜姑娘



周年大會簽到處



2014-2015愛心玫瑰家長義工總召集人六年級林愛媛家長(Ruby)，每級召集人如下：

P.1B 岑洛瑤家長

P.2A 黃靖茹家長

P.3D 陳頌恩家長

P.4D 卓明璇家長

P.5D 鄭煦凝家長

P.6A 麥芷菲家長



## 我家中的小公主

元朗大會堂家庭生活教育組  
陸鳴茜姑娘

陸鳴茜姑娘主講的教育講座  
令家長及老師獲益良多



茶會招待



## 聖誕聯歡會

# 聖誕聯歡會

平安夜，聖善夜！萬暗中，光華射，照著聖母也照著聖嬰，多少慈祥也多少天真，靜享天賜安眠，靜享天賜安眠……聖誕節來了，為了慶祝聖誕節的來臨，二零一四年十二月二十四日(星期三)，學校舉行了聖誕聯歡會。那天，同學們除了在課室裏開大食會、玩遊戲外，她們還參與了聖誕禮儀。聖誕禮儀讓同學了解聖誕真正的意義，在活動中，同學們一邊欣賞有關耶穌誕生的舞台劇，一邊聆聽福音，頌唱聖誕歌曲，從而明白聖誕節的意義，學懂與身邊的人分享天主賜予我們的愛。

我們開大食會，食物真豐富啊！



看！我們在課室裏玩得很開心啊！



大合照







聖誕禮儀開始了，我們很投入啊！





# 校外成績

## 2014-2015年度九龍東區小學游泳比賽

主辦單位：香港學界體育聯會 舉行日期：14-10-2014

女子甲組團體賽冠軍	5A黃詩雅 6A戚琛妍 6A潘珈瑤 6B戚穎妍 6B劉珮瑩 6B尹俞晴 6C梁艾媿
女子甲組4x50米自由泳第一名	6A戚琛妍 6A潘珈瑤 6B戚穎妍 6C梁艾媿 6B劉珮瑩 6B尹俞晴
女子甲組個人項目	6A戚琛妍取得50米背泳第二名及100米蛙泳第一名 6B戚穎妍取得50米自由泳第二名及50米蝶泳第一名
女子乙組團體賽季軍	3B劉恩彤 3C陳梓澄 3C羅文希 4A楊子瑩 4C葉子雅 5C黃穎藍 5D梁凱婷
女子乙組4x50米自由泳第三名	5C黃穎藍 5D梁凱婷 4A楊子瑩 3B劉恩彤 3C陳梓澄 3C羅文希
女子乙組個人項目	5D梁凱婷取得50米自由泳第四名及50米蝶泳第四名

## 2014-2015年度港九地域區際游泳比賽

主辦單位：香港學界體育聯會 舉行日期：22-11-2014

女子甲組團體賽冠軍	6A戚琛妍 6B戚穎妍
女子甲組4x50米四式接力第二名	6A戚穎妍
女子甲組4x50米自由式接力第二名	6B戚琛妍
女子甲組個人項目	6A戚琛妍取得50米背泳第三名及100米蛙泳第四名 6B戚穎妍取得50米自由泳第四名及50米蝶泳第六名

## 2014-2015九龍東區小學遊戲比賽

高級組障礙賽殿軍	3B方熙婷 3B呂嘉穎 3D李溢澄 4A李允心 4A張晴欣 4B簡曉嵐 4D馮雅琳
初級組單人跳前繩亞軍	2A黃彥潼 2B郭千喜 2D鄭思睿
初級組持棒穿圈亞軍	2B洗葦澄 2B葉方程 2C葉子瑜
初級組團體殿軍	2A 黃彥潼、陳浩嫻、陳苡靜、方曼璇、蕭力慈 2B 葉方程、洗葦澄、蔡曉慧、郭千喜 2C 葉子瑜、張詠琳、周梓彤、邱淳嫻 2D 鄭思睿、舒齡儀、李鎧晴、余鉸淇

## 2014香港青年音樂匯演——中樂團比賽 小學B組銀獎

班別	Name/姓名	樂器
2C	MOK HOI YAN/莫凱茵	二胡
3A	YOUNG THEODORA BOWIE/楊寶宜	揚琴
3C	YIP TUNG/葉童	古箏
3D	CHAN CHUNG YAN/陳頌恩	二胡
3D	CHAN LOK YIN NICOLA/陳樂研	揚琴
3D	LAW HEI CHIN/羅喜芊	低音大提琴
4B	CHEUNG HIU YUNG/張曉容	二胡
4B	PANG CHLOE/彭琛賢	琵琶
4C	AU TSZ YAN/區梓昕	古箏
4C	CHUI SUM YU/徐心裕	笛子
4C	LAU TSZ CHING/劉子晴	二胡
4C	LIN CHARM/連祉喬	柳葉琴
4D	AU YEUNG HO SUM/歐陽可心	笛子
4D	CHOI CHAU YING/蔡秋盈	二胡
4D	QIU YUGUO/邱雨果	柳葉琴
5A	LEUNG QUEENA/梁婷惠	笛子
5A	LEUNG HEE YI HAILEY/梁煥怡	大提琴
5A	TSUI YI/徐懿	大提琴
5B	CHAN CHI YING/陳紫凝	柳葉琴
5C	CHUNG YEE/鍾蕙	大提琴
5C	WONG LOK TING/黃樂婷	大提琴
5D	LAM CHEUK KI/林卓淇	古箏
5D	TSE TSZ YING/謝梓瑩	琵琶
6A	CHENG HAU YEE/鄭巧怡	琵琶
6A	MAK TSZ FEI/麥芷菲	笛子
6A	WONG HOI CHING CASSIE/黃凱澄	二胡
6A	SIM JI TONG/沈紀彤	大提琴
6B	CHAN YUNG WAI/陳榕蔚	敲擊
6B	LEUNG HIU CHING/梁曉晴	笙
6B	LO WING SUM/盧詠心	笛子
6B	TSANG GINA GALE/曾梓棋	敲擊
6B	WEN YU CHING/尹俞晴	笛子
6C	KWOK YAN TUNG/郭欣桐	揚琴
6C	YIP SIN WING/葉善穎	琵琶
6D	CHAN YU YIN/陳宇嫻	柳葉琴
6D	CHAN NGA MAN/陳雅文	大提琴
6D	HUI LEK MAN/許瀝文	琵琶
6D	POON YAN LING/潘昕玲	敲擊

## 2014國慶盃柔道錦標賽(26-10-2014)

主辦單位：正東柔道會

班別	姓名	組別	獎項	班別	姓名	組別	獎項
3B	鄭泳霖	B-29	季軍	3B	黎可澄	B-23	季軍
3C	周卓穎	B+32	季軍	3D	陳頌恩	B-23	季軍
4B	許諾珩	D-45	亞軍	4B	簡曉嵐	B-29	冠軍
5C	李皓沄	D-35	季軍	5D	侯曉晴	D-40	亞軍
6A	鄭巧怡	D-40	冠軍	6A	張晴美	D-30	季軍
6B	何穎彤	D-45	季軍	6B	黃可穎	D-30	亞軍
6D	黃天薇	D-30	冠軍				



# 2014-2015年度中文粵語集誦隊名單

## 榮獲66屆校際朗誦節粵語詩詞集誦亞軍

班別	姓名	班別	姓名	班別	姓名	班別	姓名	班別	姓名	班別	姓名
3A	梁芷凝	3A	陳紫廷	3A	練恩悅	3A	莫雅茜	3A	陳韋澄	3A	楊寶宜
3A	蔡慧思	3B	羅芷盈	3B	方熙婷	3B	王 韻	3B	李芯瑩	3B	呂嘉穎
3C	蔡卓霖	3C	何彥彤	3C	譚樂兒	3C	林庭伊	3C	李芯瑤	3C	吳若彤
3C	車栩瑩	3D	鄧岫靄	3D	陳頌恩	3D	陳希汶	3D	鄭凱殷	3D	余芷淇
3D	盧芷蔚	3D	魏芯言	3D	李溢澄	4A	林思彤	4A	吳恩慧	4A	黃珞茵
4B	陳詠霖	4B	張曉容	4B	陳思嘉	4B	鄭康翹	4B	梁曉怡	4C	何詠琳
4C	李在琳	4C	郭映雯	4C	連祉喬	4C	梁樂瑤	4D	馮雅琳	4D	潘欣彤
4D	容慧懿	4D	李淑汶	4D	張洛婷						

## 聖羅撒學校管樂團

## 2014香港青年音樂匯演管樂團比賽——小學中級組銀獎

班別	姓名	樂器	班別	姓名	樂器	班別	姓名	樂器
4B	李泳錡	小號	5A	黃詩雅	小號	5C	祁浩甄	小號
6C	何妙嫻	小號	6C	李思正	小號	4D	林卓穎	西洋敲擊
5C	陳可蕎	西洋敲擊	5C	馬穎僊	西洋敲擊	5D	董琬瑜	西洋敲擊
6B	高穎嘉	西洋敲擊	2A	蕭力慈	低音號	2B	冼葦澄	低音號
3A	林祉攸	低音號	3B	孔璧然	低音號	4B	劉晰雅	低音號
4D	陳祉欣	低音號	2B	劉鎧滌	長笛	2B	陳貝翹	長笛
3C	劉芷榮	長笛	4B	黃懿煊	長笛	5B	翁沅婷	長笛
5C	黃穎藍	長笛	5C	郭偉僊	長笛	5C	吳紫靖	長笛
6A	戚琛妍	長笛	6A	張晴美	長笛	6A	林妍佩	長笛
3A	梁芷凝	單簧管	3A	陳正恩	單簧管	3A	彭苡晴	單簧管
3B	劉恩彤	單簧管	3C	何樂臻	單簧管	3C	何彥彤	單簧管
3D	譚雅靖	單簧管	3D	張芯悠	單簧管	4A	何嘉慧	單簧管
4A	黃珞茵	單簧管	4B	林子洳	單簧管	4C	黎綺晴	單簧管
4D	卓明璇	單簧管	5B	黃穎琳	單簧管	5B	林珈穎	單簧管
5B	崔倩怡	單簧管	5B	陳靖彤	單簧管	6A	梁皓童	單簧管
5A	張嘉桓	單簧管	2B	容可兒	圓號	3A	劉芷而	圓號
4A	陳芍言	圓號	5B	李采兒	圓號	6A	王邇薰	圓號
3B	吳瑞霖	圓號	5A	劉穎澄	圓號			





# 綜藝晚會

二零一四年十二月二十日及二十一日，學校於香港理工大學賽馬會綜藝館舉行綜藝晚會。演出兩晚座無虛席，表演中能表現出學生的努力與投入，盡顯她們在體藝方面的才能。

綜藝晚會的表演種類多元化，包括中樂、管樂、合唱團、芭蕾舞、中國舞、中、英、普通話集誦及中、英文音樂劇，合共十一個不同的節目。各項精彩的表演中，學生們都能發揮所長，表現出色，嘉賓及家長們都讚不絕口，大家都看得津津有味。



看！同學們唱校歌的時候十分認真和投入啊！



多謝關朗欣老師訓練我們四位同學，擔任兩晚綜藝晚會的司儀，大家滿意我們的表現嗎？



合唱團為我們唱出動聽的歌曲，真的令人百聽不厭啊！



中樂團的同學十分認真，她們奏出的樂曲多動聽啊！





小一的同學一邊聽音樂，一邊擺出妙曼的舞姿！



小二及小三同學跟着歌曲的拍子，跳出優美的舞步。



你們喜歡我們芭蕾舞的表演嗎？



你們看看小三、小四同學的粵語集誦，同學們十分投入，動作十分整齊，怪不得她們在朗誦比賽中獲得亞軍呢！





管樂團的同學很厲害啊！她們十分合拍，表演出色！



中國舞的同學跟着節奏強勁的音樂，跳得十分起勁。



低級組英詩集誦同學表現認真，相當投入！



中國舞同學擺動着身體，跳出輕快的舞步，多麼優美啊！



## 中文劇的演出



中文劇的同學經過多個月的練習，終於到了演出的機會，她們十分投入自己的角色，這是一場十分精彩的表演啊！



同學們表情多多，盡情發揮！



各位演員唱着歌，跳着舞，拼命地演出，實在令人讚不絕口！



## 中文劇表演前準備



到錄音室為中文劇歌曲錄音真是一個十分難忘的經歷！

## 中文劇幕後花絮



高級組英詩集誦同學把誦材生動地演繹出來，十分精彩。



小一及小二同學表演普誦話集誦，標準的讀音再加上同學們的動作及神態，真是十分吸引。



# 英文劇演出



Minnie said excitedly, 'Ladies and Gentlemen, Welcome to "The Best Princess Adventure Show!"'



Seven dwarfs enjoyed happy dancing very much!



'Everything is great! Everything is grand.....' sang Seven Dwarfs.



Snow begged, 'I'm hungry! Let's take a rest and enjoy the food!'



'The princesses and I are a team. Release them!' said Mulan.



'If we have hope, love and courage, we will have the perfect change at last,' said Little Red Riding Hood.



'Come on. If you give us your gemstones now, we will give you food and diamond shoes,' said Tin Man and Lion.



'Years of dreams now become real!' Minnie and Jessie were very glad to see that the princesses had changed.



Mulan was annoyed by her old teammates. 'Go away! Or I'll kill you all!' Mulan yelled.



Mulan cried. 'Go away! Don't hurt my friends!'



What a beautiful ending! Well done, Princesses!