



聖羅撒學校校訊

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我們這一家！

天主揀選

在一個平凡的家庭內誕生！

二千多年前天主揀選瑪利亞和若瑟作為祂聖子的父母，天主子成為人類家庭的一份子，為的是使所有人成為天主大家庭的成員，耶穌成為我們的大哥哥，天主成為我們在天之父，我們彼此成為兄弟姐妹。就像今年的聖誕馬槽，耶穌的誕生不只是一個歷史故事，當我們能真的像兄弟姐妹般彼此相愛時，我們就能像六年級同學親手所做的這些聖羅撒小女孩一樣，與賢士們、牧羊人及天使一起朝拜為我們誕生的小耶穌了，祂是天父愛我們的證據！



為迎接耶穌的誕生，我們透過每星期燃點將臨環，提醒我們努力去愛護身邊的近人，藉此體驗聖誕真正的意義——愛，天主愛了我們，我們也要彼此相愛。



聖羅撒是我們的家！

教宗方濟各曾說過「願我們的子女在我們身上找到共融而非分裂的榜樣；願我們的子女看到我們是有能力與他人聯盟、讓天父所播的善種開花結果的人。」

而我們聖羅撒這個大家庭，除了有我們的大家長——校長帶領我們外，每位老師都是學生在學校裏的爸媽，負責教導、提點、規勸、糾正學生，還有很多義工家長，為我們做壁報、為我們服務、與我們一起去朝聖……



2015年12月19日約140位公教家長與學生一起踏上親子朝聖之旅。我們先到置富的露德聖母堂，再到灣仔的聖母聖衣堂，我們一起頌唸玫瑰經為家庭祈禱，家庭是我們習學愛的第一個場所，家庭教導我們成為一個負責任，並懂得憐憫及寬恕的人。願我們都以聖家為榜樣，在家庭內多一分微笑、欣賞、體諒及尊重，使我們這一家多一分愛與平安，也使我們四周的空氣多一分祥和感！



新老師介紹

大家好！我是周美玲老師。二零一五年對我來說是一個新開始，因我離開了一所任教多年的男女校，轉到聖羅撒學校繼續我的教學工作。多年來，我主要教授的科目是中國語文、視藝和普通話。來到新的環境，我感到最大的分別是以往班中男女同學的比例以男同學居多，約佔三分之二，他們大都較活躍開朗，也敢於表達；而聖羅撒學校是一所全女校，同學表現較內斂及害羞。同學們大都循規蹈矩，品性善良，上課亦能專心學習。期望我能盡快適應新的工作環境，跟同學能共步前進。



記得開學日，我以新老師的身分踏進聖羅撒學校，看見一張張新臉孔、一雙雙好奇的眼睛，令我一顆心猛然跳動，那是興奮，那是緊張，那是期待。隨着日子過去，我的節奏跟上了學校的一呼一吸。每天看見孩子們歡樂的笑臉、她們一點點的進步，我的心跳依然猛烈跳動，那是感動，那是滿足，那是喜悅。偶然，她們的一張畫、一張問候卡、一句「王老師，告訴你一個秘密……」使我的世界開滿花朵。教育的路絕不平坦，但慶幸路途上有很多同行者，而且沿路開滿花朵。

大家好！我是黃卓儀老師，任教數學、常識、音樂。我非常榮幸能夠加入聖羅撒這個大家庭，並成為一年級的班主任。當老師的責任很大，除了要傳授知識，亦要做學生的榜樣。小朋友的模仿力很強，因此我時刻都要留意自己的言行，希望她們能吸取正確的價值觀及待人接物應有的態度。我期望每位學生都能愉快地學習及成長，好好享受校園生活。



Hello everyone! I am Miss Helena Tang, the new English and General Studies' teacher. I have been asked by many students if I know Chinese - I do! In fact, I went to a local girls' school just like the students in St. Rose. It is a magical feeling to be a teacher here because whenever I look at the girls, I see myself.

In my free time, I love singing, watching musicals and reading books. As a lot of girls in my classes already know, I'm a great fan of the Harry Potter series! I love the books because they inspire me to stay positive and determined, even if everything goes wrong. One of my biggest wish is to teach all my students how to be positive thinkers, and to motivate them to be passionate towards learning. I hope this dream will come true someday!



大家好！我是梁靜儀老師，很高興能加入聖羅撒學校的大家庭。我主要任教數學、常識和視覺藝術科。每天看著同學天真的笑容和親切的問候，令我整天充滿活力，更投入於教學工作。我正在努力適應聖羅撒學校的新環境，亦嘗試認識更多不同的同學和家長。我希望在未來日子能與同學一起切磋學問，一起分享生活中的樂與憂，彼此共同成長。



我是翟老師，很高興能夠來到聖羅撒學校這個充滿愛的大家庭，教授我喜歡的中文科。我是一年級丙班的班主任，任教該班以及二丙班的中文科。另外，我也有任教低小的普通話、視藝及德育公民等科目。我得到不少同事的幫助及提點，很快就融入了這裏。

我中學就讀女校，來到這所女子小學感到特別親切。這裏的小女孩比我想像中活潑，又多了幾分自律有禮。她們的童真、率直每每帶我回到逝去的童年，我很感謝主讓我來到這個美麗的校園。



學校旅行

我校於二零一五年十一月二十六日(星期四)舉行了一年一度的秋季旅行，同學們在保良局北潭涌渡假營度過了愉快的一天。當日的活動內容豐富，包括攀石、彈網、充氣彈床、燒烤、滾軸溜冰、野餐、玩遊戲……讓我們重溫當天的精彩片段！

齊來照張大合照！



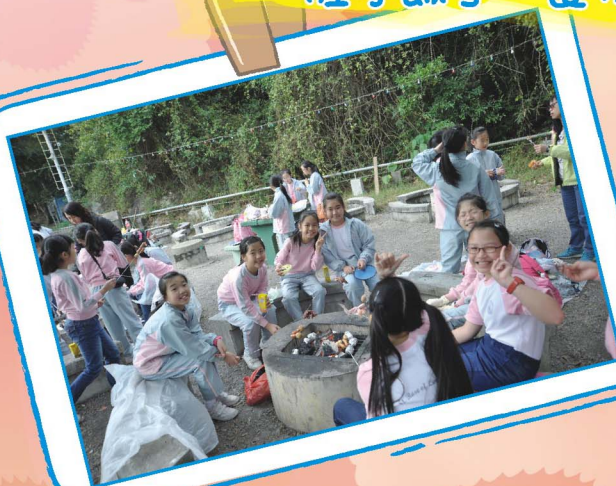
跑跑跳跳，讓我們一起動起來！



和朋友在一起，我們玩得多開心！



肚子餓了，食物真豐富！



聖誕聯歡會



二零一

五年十二月二十二日(星期

二)，學校舉行了聖誕聯歡會。當

天，同學們除了在課室裏開大食會、玩

遊戲外，還齊集在禮堂參加聖誕禮儀。在

聖誕禮儀中，同學們一邊欣賞耶穌誕生的

話劇，一邊聆聽福音，還領唱了聖誕歌

曲。大家在愉快的氣氛中度過了充

實的一天。



大家玩玩遊戲談談天，多快樂啊！



看！我們的食物多豐富啊！



一起來大合照！



【普世歡騰！】

普世歡騰！救主降生，
大地從老幼王，惟願眾心預備地方，



耶穌的誕生帶給我們平安和喜樂，讓我們把這喜訊傳給身邊的人！

校外獲獎

「國慶盃」柔道錦標賽2015

姓名	班別	組別	獎項
梁煦晴	3D	B-32	亞軍
黎可澄	4B	B-29	季軍
周卓穎	4C	B+32	亞軍
陳頌恩	4D	B-26	季軍
陳甄鈿	4D	B-23	亞軍
鄭泳霖	4D	B-29	季軍
張馨文	5B	D-35	季軍
張雅淳	6A	D-35	季軍
李鎧滋	6C	D-45	亞軍
何穎姿	6B	D+45	季軍
侯曉晴	6D	D-40	亞軍

2015-2016年度 九龍東區小學游泳比賽

女子甲組團體賽亞軍	3A 陳浩嬌 3A 林泳希 4C 陳明心 5D 黎思鋼 6A 黃詩雅 6C 黃穎藍 6D 梁凱婷
女子甲組4x50米自由泳 第二名	3A 陳浩嬌 3A 林泳希 5D 黎思鋼 6A 黃詩雅 6C 黃穎藍 6D 梁凱婷
女子甲組個人項目	6A 黃詩雅取得50米自由泳第二名 6C 黃穎藍取得50米蛙泳第三名 及100米蛙泳第三名 6D 梁凱婷取得50米自由泳第一名 及50米蝶泳第二名
女子乙組團體賽殿軍	3C 蔡曉慧 3C 方梓瑩 4A 郭雅禎 4D 劉恩彤 4D 羅文希 5C 楊子瑩
女子乙組4x50米自由泳 第四名	3C 蔡曉慧 3C 方梓瑩 4A 郭雅禎 4D 劉恩彤 4D 羅文希 5C 楊子瑩
女子乙組個人項目	5C 楊子瑩取得50米背泳第二名 及50米蛙泳第四名

九龍東區小學遊戲比賽(2015-2016)得獎名單

初級組障礙賽季軍	2A 林靖珊 2B 陳穎鈿 吳欣澄 黃雅言 2C 梁芯睿 黃希蕎 黃紫瞳
高級組障礙賽冠軍	3A 蕭力慈 4B 何彥彤 李溢澄 梁芷凝 呂嘉穎 4C 吳若彤 4D 陳甄鈿
初級組單人跳前繩亞軍	2A 杜衍然 胡焯琳 2B 胡梓喬

初級組團體殿軍	2A 陳曦彤 杜衍然 林靖珊 李梓昕 曾佩綺 胡焯琳 2B 區蘊晞 陳穎鈿 劉奕煊 吳欣澄 黃雅言 胡梓喬 2C 陳彥祺 梁芯睿 黃希蕎 黃紫瞳 2D 林泳彤
高級組團體殿軍	3A 蕭力慈 4A 陳樂研 郭雅禎 4B 陳希汶 陳紫廷 鄭芷澄 張育恩 方熙婷 何彥彤 李溢澄 梁芷凝 呂嘉穎 汪曉棠 4C 吳若彤 蘇朗月 4D 陳甄鈿 伍穗怡

2015-2016年度中文粵語集誦隊榮獲 67屆校際朗誦節粵語詩詞集誦冠軍

3A	譚得宜	3B	鄧岫巖	3C	麥彩嵐	4B	莫雅茜
3A	梁綽言	3B	蔡欣橋	3D	周梓彤	4B	李芯瑩
3A	胡焯嵐	3B	余思樂	3D	譚嘉怡	4B	呂嘉穎
3A	黃琬熒	3C	陳苡靜	3D	龐昕潼	4B	林庭伊
3A	邱潔嫻	3C	劉芍彤	3D	鄭嘉瑜	4B	魏芯言
3A	林樂兒	3C	連祉璇	4A	陳韋澄	4C	蔡卓霖
3A	龍思羽	3C	廖恩慈	4A	羅芷盈	4D	練恩悅
3A	馬子遙	3C	鄧穎欣	4A	王韻	4D	陳頌恩
3B	葉可晴	3C	蔡曉慧	4A	譚樂兒	4D	鄭凱殷
3B	陳卓嘉	3C	梁樂桐	4A	李芯瑤		
3B	劉曉桐	3C	歐佩嘉	4A	余芷淇		
3B	邱玥嫻	3C	梁凱欣	4B	梁芷凝		

2015-2016年度九龍東區小學田徑運動會

女子丙組團體優異獎	4A陳樂研 4B李溢澄 4C盧芍穎 4C吳若彤 4D梁靖彤
女子丙組4x100米第六名	4A陳樂研 4B李溢澄 4C盧芍穎 4C吳若彤 4D梁靖彤
女子甲組推鉛球第一名	6A黃詩雅
女子甲組200米第八名	5C邱雨果
女子丙組60米第六名	4C吳若彤



My Unforgettable Travel Experience

By Isabelle Choi 5A

I had never travelled far without my family until I met my best buddy, Christine. When I was eight, she invited me to visit her in Taiwan and I can still remember the happy time we had. It was an unforgettable travel experience for me.

I flew from Hong Kong to Taiwan by myself and I met Christine and her parents at a restaurant. After trying some of the local food, Christine's father drove us home and her mother cooked food for us. She made steamed dumplings, stewed beef noodles and marinated minced pork with rice. I couldn't resist eating the food and it tasted superb! Later on Christine took me to a shop that sold tasty sun cakes and pineapple cakes.

The next morning I noticed Christine and her parents packing their luggage.

I was shocked! I asked, "Why are you....?"

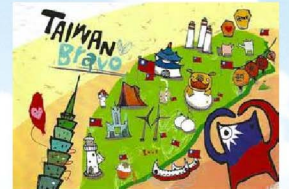
Christine quickly replied, "Relax! We are going to take you to a resort."

I felt really surprised and happy.

It took three hours to drive to the resort where there were many facilities like hot springs, restaurants and department stores. Christine and I decided to try one of the hot springs and when I immersed myself in the warm water I felt very relaxed. After soaking ourselves in the hot spring, we wanted to take a shower but we couldn't find our way out. It was like a maze. We walked and walked, but we were lost! At last we saw a woman and asked her where the exit was. We found the shower, but Christine couldn't find her clothes! She felt really embarrassed when I laughed at her, but then I gave her a bathrobe to wear. Later that day we went to a department store to buy souvenirs and I bought some delicate gifts for my parents.

We stayed at the resort for two days and then we went to Taipei to look at a tall building known as Taipei 101. Even though it was very crowded, there was a spectacular view from the top. I took a lot of photos and the stunning views of Taipei were enshrined in my mind.

When it was time to go home, I felt sad because I really wanted to stay. But, I finally said goodbye and took a taxi to the airport and flew home. I had an unforgettable trip and I will recommend Taiwan to my friends. I also want to go to Taiwan in the future to visit Christine and her parents again.



My Unforgettable Trip

By Venus Wai 5A



I've visited Seoul, New York and Canada, but I like Tokyo best. Have you ever been there? Last summer I went to Tokyo with my family. It was unforgettable because it was the first time I went on a holiday with all my relatives.

On the first day, we went to Tokyo DisneySea and because I absolutely LOVE amusement rides I went on five of them. And even though I felt really dizzy afterwards, I just couldn't resist trying them out. I also liked the souvenir shops there. My favourite shop called 'Duck' was two storeys high and sold a wide range of souvenirs. The souvenirs were very expensive but I just couldn't resist buying a toy bear called Shillie May.

The food in Tokyo was superb and I was fascinated when I looked at a menu. There was salmon, sushi and sashimi. My favourite was the soft crab sushi which was easy to eat and served in a crispy shell.

As well as the tourist attractions I have already described, there are still many places in Tokyo that my family and I want to explore. I definitely want to go to Tokyo again soon and I will also recommend it to my friends.



My Unforgettable Experience in Japan By Priscilla Kwok, Class 5B

Last summer I went to Osaka, a city in Japan. Have you ever been there? I had an unforgettable trip because a troublesome thing happened to me there.

Firstly, I would like to tell you about the delicious food I had in Japan. There was a lot of tasty food such as ramen, udon and sashimi. We also ate a lot of fresh, juicy fruit like melons, strawberries and pineapples. There were many kinds of ice-cream to buy in the supermarkets, and we tried lemon cheesecake, chocolate brownie, blueberry yogurt and banana milk, which were all with special limited flavours.

Then, something happened that really worried me. On the third day, my family and I went to a store where there were many souvenirs. I was very excited and bought lots of things that were cheap but beautiful. After shopping, we went to a restaurant to have lunch. It was fantastic! Then, we continued our shopping. When we were ready to go back to the hotel, I looked for my shopping bag. Oh no, I had lost it! I just couldn't stop crying! All my souvenirs were in that bag and even though my mum tried to comfort me, I still panicked! She suggested that we could go back to the shops we had visited and look for the bag the next day. But, I couldn't sleep at all that night because I was so worried. Was it possible to get my bag back? I just prayed and prayed. The next day, we went back to the souvenir shop and the shopkeeper came out and asked, "Is this yours?" as he held up my shopping bag. I was very, very happy and thanked the shopkeeper as I took back my bag of souvenirs.

Since the trip, I have realized that Japanese people are really honest and not greedy. The shopkeeper had looked after all my things and then waited for me to return and claim them. I hope that Hong Kong people will develop this pleasant manner and honest attitude too.

My Unforgettable Travel Experience By Celina Ho (10) 5C

Three years ago I went to Toronto with my family and my brother's friend's family. Toronto is a city in Canada where it snows a lot in winter. It is really great to visit the city then because you can see real snow—something you would never experience in Hong Kong. The scenery around Toronto is beautiful when it is covered with snow and when I first saw it, I felt so totally out of control that I just screamed! My trip to Toronto was exciting and fun. Let me tell you about it.

When I first arrived in Toronto, I noticed that the houses were very different from those in Hong Kong. The houses were huge and every house had at least three storeys, with the first storey usually at ground level. In winter people have to clear the snow off their roofs because if there is too much snow, their houses might collapse! The streets there are different from those in Hong Kong because they are clean and very wide. As for the people, the ones we met were kind and generous. They were always helpful and polite, and smiled cheerfully too!

One of the best parts of the trip was when my dad took us to Blue Mountain to go skiing. The snow on the enormous mountain was breath-taking and it was really cold there. First, we hired ski equipment and then went inside the skiing centre. Everyone inside was learning to ski and it was very crowded. A teacher taught us some basic skiing skills and I remember thinking, "What an awesome experience it is to go skiing on such a huge mountain!"

After learning a few skills, we went up an escalator to the top of the mountain. I remember feeling frightened because my hands were shaking like a leaf. In fact, I was shaking so much that I fell down in the middle of the mountain. I felt even more frightened when a boy came skiing quickly towards me. As I began to cry and my brother came over and said,

"You're such a baby, Celina!"

I wanted to show my brother that I was not weak, so I stood up and tried again. This time, my brother's friend pushed me and I fell over once more. I felt disappointed but furious, so I stood up and tried a third time. And, this time, I succeeded! As I skied a short way down the mountain I shouted confidently, "I did it! I did it!" It was a really unforgettable moment.

After skiing, we all felt tired and hungry, so we went to a restaurant that served seafood like fish, shrimp, and oysters. The dish I chose was a plate of plain, cheap salmon noodles. But, the salmon was not like the salmon you can get from Japan. The Toronto salmon had just been cooked, it was soft and tasted a little bit sour. It was so delicious that I ate three bowls of it!

Toronto is a very relaxing city and not as crowded as Hong Kong. There are many exciting places waiting to be explored. My trip was memorable, fruitful and special and I hope that in the future I can go there again.

My Unforgettable Trip to Japan

By Cherie Chan 5B

My family and I first went to Japan two years ago. It was an exciting and unforgettable trip.

When my parents, my sister and I arrived at the airport, I was really surprised to see my dad's friend and his children there. We ate at a restaurant that we knew was good and then we did some shopping. When the plane arrived, we took our seats ready for take-off. We flew from Hong Kong to Tokyo and it took four hours to get there.

When we arrived at the hotel, we settled into our room and then went out for a meal at a nearby restaurant. We tried some sushi, seafood and miso soup. All the food tasted great and I enjoyed it very much. The food in Tokyo was not like I thought it would be. I think the sushi was stickier and yummier than that in Hong Kong and the service was very good too!

After spending three days in Tokyo and two days in Kyoto, we went to Osaka. It was sunny there and the people were very friendly. I thought that was weird because my dad told me that back in the old days Japan was at war with China. However, everything is fine now and the Japanese people were very friendly and kind to us. One evening we went to a Japanese party in Osaka. After the party ended and we were waiting for a cab to take us back to our hotel, I realized I had left my phone behind! Suddenly a woman ran towards me shouting, "Wait! Wait! You left your phone!" She handed me my phone and I thanked her. I felt so happy to have my phone back.

I really enjoyed my trip. I will never forget the woman who helped me. I now know that Japan is a great place and I will recommend it to my classmates.

My First Time Travelling to China

Julie Cheung (6) 5C

I have travelled to many places, but I think my trip to China when I was six years old was the most unforgettable experience I've ever had. It was unforgettable because I met my relatives in Pun Yu for the first time.

When we arrived, it was already dark and my relatives invited us to have dinner with them. I tasted many traditional foods during the meal, and then one of my uncles gave me a bowl of dessert that he said was made from ginger, sugar and eggs. When I tasted the dessert, I thought it was wonderful!

The next day we went to a zoo called 'Chang Long' where one of my uncles was a zoo keeper. He took us on a tour of the zoo and we saw cute, cuddly koalas, fierce lions and hilariously funny monkeys. Out of all the animals we saw, I thought the elephants were the most interesting. When we got near their cage, we heard a loud noise. We immediately ran to see what the matter was and saw that a baby elephant was stuck on a river bank! The baby kept struggling to get out but it couldn't do it! Everyone was worried about the baby because it was trumpeting loudly. Finally an elephant keeper drove an enormous machine into the cage and pulled the poor thing up the river bank. Then, we all heaved a big sigh because it was such a thrilling sight!

After walking past all the animal cages, we felt tired so we hopped on a little train for an animal safari tour. While the train was moving, some baby giraffes poked their heads into the carriages and the guard gave me a bunch of leaves to feed them. At first I was worried that they would bite me but the guide encouraged me to keep trying and I finally fed them the leaves. I thought the train ride was extraordinary as I had never been so close to wild animals before.

After that we went to see a circus show where a monkey rode a unicycle, fierce lions jumped through fiery hoops and grizzly bears walked on wires. I was so amazed that the animals obeyed their trainers' orders that I wished I could be an animal trainer too!

We stayed in Pun Yu for three days and I treasure the wonderful time we spent with our relatives. I will recommend that my friends go there too, and especially that they take the safari tour! The time we spent there just flew by but I really hope I will be able to go again some time in the future.



My Unforgettable Trip to Singapore

By Yoanna Lee 5D

Have you ever visited another country or city? I've been to Taiwan, Macau and Seoul. But let me tell you about the first time I went to Singapore with my family. It was an unforgettable experience!

We flew from Hong Kong to Singapore. Then, we went to a place where there were many food shops. I thought that the food there would taste like it does in Hong Kong, but when I ate some, I found it was really delicious. It was a little bit spicy and salty, like spicy noodles with beef.

After that, we went to Sentosa Island where there were many exciting things to do. My favourite place was "Water Land" where we played water games like "Water Dragon" and "The Boat in the Water". I enjoyed playing in the large pool of sparkling water. There was a water slide there too and we slid down the hill to the ground. It was terrific fun!

Finally, we went to the ArtScience Museum which showed the history of Singapore in many interesting ways. You could watch movies and buy books and I learned what Singaporeans did to make their country a better place. I think they were very clever because they built up their country to be one of the best in the world. They also trained their soldiers to defend their country.

Next time, I want to go to the Singapore Zoo because there are many more different animals to see. I really enjoyed my trip because I learned a lot about the culture of Singapore.

My Memorable Journey

by Gigi Ye (5D)

I had a great trip to Guizhou, China. The trip was unforgettable. I went there with my friends and family. Do you want to know more about my wonderful trip?

After five long hours on the High-speed rail, we finally arrived in Guizhou. It was fantastic. The first attraction we saw was a lake. When we saw the lake, we were amazed because it was so beautiful! The lake was covered with fog and being there was like being in heaven. The lake was clean and clear and we could easily see fish swimming in the water. The lake amazed us! What would be next?



The next day, we finally went to the place we'd been wanting to visit - the Huang Guo Shu Waterfall. It is the biggest waterfall in Asia and the third biggest waterfall in the world. I had heard of it and I'd always wanted to see it. We could hear the water splashing from far away. We could see the top of the waterfall from the mountain so we walked down to see all of it. When we saw it, we were stunned because the view was spectacular. The waterfall was huge and the water looked yellow. The stream that flowed down from it was very fast. When we went near it, it was just as if it was raining. We had to wear raincoats to avoid getting our clothes wet. We took a lot of photos to remember the special view.



Then, we went to a local restaurant that served traditional food and we had lunch there. Before we entered the restaurant, we had to drink some wine. I slipped into the restaurant secretly and the waitress didn't know I was too young to drink wine. We thought the drinking was over but we were wrong. We were very hungry and when we saw the tasty food, it made us feel even hungrier. When I was about to start eating, I heard some lovely music played by a man with a local musical instrument. Then two waitresses came in with a bowl of wine for us to taste. Some of my friends drank a lot of wine and their faces turned as red as an apple.

The trip to Guizhou was fantastic. The culture there is a lot different from that of Hong Kong. So, do go to Guizhou and find out about it for yourself! I hope you will have fun!

About my groupmate

Coco Law 6A

Today I would like to introduce one of my groupmates. Her name is Hilary. She is eleven years old now and her birthday is in August.

She lives with her parents. She hasn't any brothers or sisters. Her favourite sport is basketball. My first impression of her was that she was a chatty person. That's why I like chatting with her.

She is an open-minded girl. When we are working in groups, she always listens to other groupmates' ideas carefully. She is in the judo team at our school and has attained many awards. She is a monitress in our class and also a prefect this year. She is always polite.

Hilary is good at art too and she can draw beautiful pictures. I admire her a lot for that. Sometimes, she is funny because she will say something humorous when we are talking.

I like Hilary very much because we can share our ideas with each other. She is really chatty and we can talk about anything. I am happy that I can be a friend of hers.

My Groupmate

By Megan Chan 6B

Everyone is unique. We have different personalities, hobbies and strengths. And, one of my groupmates is very interesting so I have decided to write about her.

My groupmate is called Jenny. She is eleven years old and her birthday is on the first of March. She has three family members.

Jenny likes history best. She is also good at Computer Studies. She can make attractive powerpoints and posters using a computer. She doesn't like doing puzzles and she is weak at it.

Jenny is happy, because she always smiles at others. But sometimes she can be noisy as she always speaks loudly and she speaks quite a lot too. I think she is an optimistic person because she thinks and talks in a positive way.

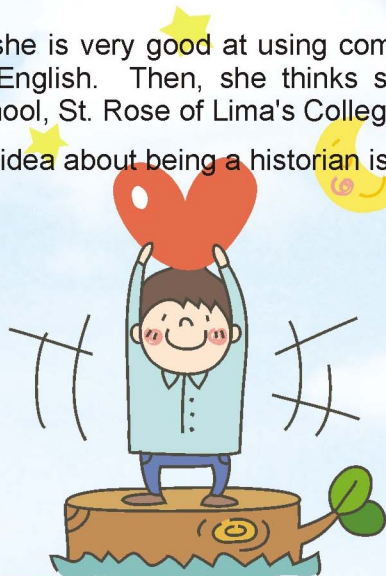
Do you know which is her favourite book? It is "The Night of the New Magicians" and it is a very popular English fiction series. She thinks that it is very interesting because the two main characters go back to the past to complete a mission. I think she likes this book because it is fiction that talks about the past.

At school, she usually helps in the computer room and we call the team she works with the "IT Doctors". She is also the member of a youth organization, the Community Youth Club. It seems that she is very busy but she still has free time to play on the computers.

Jenny is truly enthusiastic about computers. Last year, she got the Information Technology Challenge Award and she won the only gold award at school! She felt excited when she found out about it.

Although she is very good at using computers, she thinks that she should improve academically, especially in English. Then, she thinks she will have a better chance of getting into her dream secondary school, St. Rose of Lima's College. When she graduates, she hopes to be a historian.

I think her idea about being a historian is fantastic and I hope that she can achieve her dreams.



Myself

By Stephanie Wong (6C)

Hi! I am Stephanie Wong and I study in St. Rose of Lima's School. I live in Ma On Shan, which is a quiet place. My birthday is on 5th May and my zodiac sign is Taurus. I have a little sister called Sara. My dad is a systems manager and my mum is a senior systems analyst. They always get home late because of their work.

People say I am a cheerful person because I have a pleasant, happy face. I think I am an optimistic girl and I do not get upset easily if something bad happens. I am a chatty and outgoing person too. I like to talk with my friends during recess and after school. I love making new friends and I enjoy outdoor activities such as swimming, hiking and orienteering.

However, I am sometimes absent-minded because I forget things that my teachers ask me to bring to school. I am also timid because I am scared of all kinds of disgusting insects.

I love doing active sports like swimming, running and hiking. I like swimming best. I have been a member of the school swimming team since I was in Primary four. I am also a member of the Wing Tin Swimming Team and I swim three times a week. I have won a lot of medals in swimming competitions, too. I last won bronze medals in the 50 and 100 metres breaststroke competitions.

Besides swimming, I am good at playing the flute and have just passed the Grade 5 flute exam. I am also a member of the school band. I have been a prefect since I was in Primary three and this year I am a monitress in my class. I always try my best to help my teachers and classmates and I was given the 'Most Diligent Student' award.

I want to be a kindergarten teacher when I finish school. I think kindergarten students are very cute and I would like to watch them as they grow up. Although I know teaching is sometimes tiring, I think I would enjoy it very much. I hope my dream will come true.

Myself

By Jane Choi (6D)

I am Jane Choi. I am studying in St. Rose of Lima's School. I am eleven years old and my birthday is on 25th October. There are four members in my family. They are my father, my mother, my younger brother and me. My father is an engineer and my mother is a civil servant. My younger brother is studying in a kindergarten and he is five years old.

I think I am energetic and sporty but sometimes I am absent-minded. I don't usually feel tired even after I have played for a long time. I really like doing sports, especially outdoor ones, and therefore I would describe myself as a sporty person. I do sports every day. Sometimes when I concentrate on something, I do not pay attention to what is happening around me and then I make mistakes. I need to improve.

Let me tell you about my achievements at school. I achieved good academic results in the past five years and have been in the top ten since Primary one. I am in the school table tennis team and I was one of the representatives for the Inter-school table tennis competition. Our team won the outstanding award in the competition. I have been a prefect at our school for two years and I was chosen as one of the deputy head prefects this year. I am proud of myself and I will try my best to help my schoolmates learn to be disciplined.

As for my hobbies, I love reading, swimming and playing table tennis very much. Swimming and table tennis are good for my health. I love reading because it can help me gain knowledge and learn new things. Reading comics can help me relax. When I read comics, I forget everything that has annoyed me.

My favourite book is called 'Mr Macky is Wacky'. It is from the 'My Weird School' series. It is an interesting book and is written by Dan Gutman. At school, my favourite subject is English. Learning English is fun and will be very useful when I study abroad. I like to listen to popular songs when I am free. My favourite singer is Joey Yung. I think she can sing very well.

I want to become a scientist when I grow up because I love Science and want to invent marvellous inventions to help people improve their standard of living. Therefore, I have to work harder and study more in order to make my wish become true.

English Fun Day 2015

English Fun Day was held on 26th June for P1-3 students and on 30th June for senior pupils. Both groups enjoyed activities suitable for their ages that also let them have fun as they listened, spoke and read English.

Firstly, students got an 'English Fun Day Passport' that showed them the game booths on the ground floor. It also said they could read to a teacher and get a snack. Some of the P1-3 games were 'Fishing For Sounds', 'What Fruit Can You Feel' and 'Animal Quiz'. Games for P4-6 students included 'Add the Numbers', 'Taking the MTR' and 'Who is the Robber'. After students played at least eight games their passports were signed by parents or teachers and they chose a prize from the gift counter. We would like to thank all the parents very much for helping with the games.

After the games the students enjoyed interactive dramas presented by Chunky Onion Productions. The show for P1-3 was about the fairy tale 'Hansel and Gretel', while the drama for P4-6 students was called 'Sherlock Holmes- The Missing Bride'. Both shows were humorous and everyone had a good laugh. At the end of the performances the students were allowed to ask the actors some questions. This gave more chances for students to speak and show their understanding and ability to use English.



家教會

第十七次周年大會暨第九屆執行委員會選舉

家長教

師會周年大會已於十一月二十一日(星期六)舉行，當天先由上一屆主席劉家鴻先生帶領祈禱，然後宣佈第十七次周年大會暨第九屆執行委員會選舉正式開始。過去一年，家教會舉辦了不少活動，包括親子旅行、愛心送長者、校慶樂繽紛活動、親子蛋糕製作班、家長教育講座、小六畢業聚餐、代購香港芭蕾舞團表演門票，與及兩期會訊，每次活動反應熱烈，家長踴躍參與，真的感謝各家長支持本會的活動。而每項活動能夠順利地完成，全靠為我們無私付出的各執委成員，以及為學校服務的「愛心玫瑰」家長義工團，在此真的非常感謝過去一年曾為學校服務的家長和老師，因為有你們的付出及協助，才能讓各種活動順利完成。

周年大會後，便由講者蔡淑玲女士為本會舉行名為「從閱讀中培養自學精神」家長教育講座。講座一開始，「菜姨姨」以輕鬆幽默的表達手法向家長講解怎樣跟女兒一起閱讀，令家長了解與女兒伴讀技巧，獲益不少。本會在講座後，直擊訪問當天出席的家長，她們對本會舉辦的講座有以下意見：



會員踴躍地投票！



感謝「菜姨姨」為我們主持了一個十分精彩的講座

6B梁愷桐家長



我很喜歡這次講座，喜歡「菜姨姨」跟我們分享的内容。雖然我一向都有跟囡囡進行伴讀，但是從這次講座中令我學會在伴讀過程中怎樣發問，跟孩子討論故事内容，如何啟發孩子思考。日後我會買更多好的故事書，及多利用「菜姨姨」介紹的方法跟我的囡囡伴讀啊！

6B陳靖彤家長

我十分欣賞是次的分享内容，並認為「菜姨姨」是次的分享富啟發性，起初我以為繪本非常簡單，但原來背後隱藏着更深層次意義的信息，改變了我對繪本的一貫看法。

我從女兒小時候就經常和女兒進行親子伴讀活動，彼此分享各種類別的圖書，但當中以篇幅較長、文字較多的圖書為主。經過今次講座後，我決定日後會嘗試多與女兒一起閱讀繪本，希望藉此讓女兒學到更多書中的人生哲理。



6C馬穎儀家長

我喜歡「菜姨姨」的分享，以往我曾經參加她舉辦的講座，我每次參與「菜姨姨」講座後都令我獲益良多，今次也不例外。我會嘗試利用「菜姨姨」介紹的說故事方法跟我的囡囡伴讀，看故事不僅要留意文字，還要觀察書中的插圖，要多看多讀多寫，我會嘗試跟我的囡囡伴讀，跟女兒一起看她喜歡的書。





本會希望日後能繼續舉辦不同類型的講座或工作坊，使家長獲益之餘也可增進親子關係和加強家校合作的互動性。講座後便到第九屆執行委員會選舉，經過5位候選執委自我介紹，各位會員進行投票，便宣佈第九屆執行委員會選舉結果，新一屆執委會成員如下：

2015-2017執委會	家長執委	學生姓名	教師執委
主席	陳楊佩韻女士	4C班陳正恩	
副主席	鄧浩欣女士	2D班胡苑琳	鍾潔雲校長
司庫	鄧家欣女士	4D班何天雅	霍詠恩老師
文書	李偉萍女士	4A班陳樂研	梁梓媚老師
活動	謝寶珊女士	2A班杜煥璇	郭慧瑩老師
活動			黃錦蘭老師
總務	李淑德女士	4B班林庭伊	余穎嫻老師



第九屆執行委員會各成員



第九屆執行委員會各成員

愛心玫瑰家長義工總召集人四年級林庭伊家長(Ruby)
每級召集人如下：

P1 朱茜庭家長
P3 黃靖茹家長
P5 卓明璇家長

P2 岑洛瑤家長
P4 陳頌恩家長
P6 鄭煦凝家長



主席簡介及新執委簡介

主席的話

陳楊佩韻 4C陳正恩家長

麥校監、鍾校長、各位老師、各位家長及同學們：

感謝天主帶領，並且得到各位老師及家長的信任，能夠為聖羅撒學校服務；是次本人能以家教會主席身份撰文，實在深感榮幸。



在過去兩年家教會工作裏，讓我深深感受到學校在培育學生成長的付出外，家校的溝通、信任與合作，能夠幫助孩子們更好地瞭解自己的使命，學習承擔自身的責任。承蒙校方和「愛心玫瑰」家長義工團隊無私的付出和貢獻，攜手共同培育美好的下一代；這份感動，讓我更有動力，竭盡所能為大家服務、為母校發光發熱。

藉此機會，本人向校長、各位老師、委員及家長致以最衷心的謝意！期望在日後的活動，能與各位並肩而同行，使家教會的服務得以不斷進步，令學校邁向更高成就。主佑！

謝寶珊 2A杜煥璇家長

各位好，我是2A杜煥璇的家長，很榮幸得到大家的支持，有機會成為聖羅撒學校家教會的一份子，為學校及家長出一分力，並共同培育我們的小公主締造更美好的將來。



李偉萍 4A陳樂研家長

大家好，我是4A班陳樂研的媽媽，感謝各方的支持和信任，讓我有幸成為今屆家教會的委員。



因緣際會，我開始參與家教會組織等工作，令我的生活更顯充實；在任期內，我會克盡己任，延續「愛心玫瑰」的精神。但願家教會在未來的事務上事事順暢，充份發揮家長與學校溝通橋樑的角色，使「家校合一」的傳統能更上一層樓。



胡鄧浩欣 2D胡苑琳家長

大家好，我是鄧浩欣，很榮幸今年能夠加入家教會，為母校及各位小師妹出一分力。希望在未來的日子裏，我能夠透過家教會這橋樑，增加學校和家長的溝通，令同學們在愉快的校園生活下成長。我會盡最大的努力為大家服務，希望大家繼續支持家教會，謝謝！

親子樂悠遊



本會於二零一五年十二月十三日舉行一年一度的大型親子活動——「親子樂悠遊」。感謝天主，當天天氣晴朗，是到郊外旅遊的好時機。早上，我們先到達了「馬灣公園」。下車後，我們便到處遊覽，欣賞大自然的景色，呼吸新鮮的空氣，放鬆心情。

中午後，我們乘車到達「錦田鄉村俱樂部」享用燒烤午餐。在俱樂部裏，有很多不同的設施讓家長及同學們參與，當天同學們有的餵飼動物，有的採摘士多啤梨，有的玩不同玩樂設施，實在令人樂不思蜀。

很多謝各位家長對本會的支持，同時也要多謝家教會內各委員、老師及義工付出的努力，才能夠使活動完滿地完成。希望來年大家繼續參加本會活動！



第八號車的家長、同學及老師們啊！



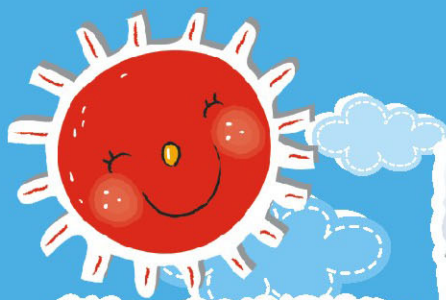
當天參加的同學都很高興，你看！同學笑得十分燦爛。



同學用心製作小手工，製作得很精美。



第四號車的家長、同學及老師們啊！



家長及同學們開開心心地過了一天！



當天有很多不同玩樂設施，很好玩啊！

